

BRAIN + GUT + JOINT + EYE +
HEART = WHOLE BODY HEALTH

BIOHM's Omega-3 Fish Oil contains 860mg EPA and 630mg DHA fatty acids, known for their ability to support heart health.* Omega-3s also promote gut health by helping to regulate both the diversity and abundance of beneficial bacteria in the gut.*

BIOHM is committed to purity. This product is made from fresh, wild-caught, sustainably sourced, cold water fish.



NON-
GMO



Gluten-
Free



DIRECTIONS FOR USE

Take two (2) softgels daily with food. Can use alone or combined with any other BIOHM products.

WARNINGS

Consult your healthcare provider if pregnant or nursing, taking medication, or have a medical condition.

KEEP OUT OF REACH OF CHILDREN.

Do not use if any part of this package is torn, open, or damaged. Store at room temperature. No refrigeration necessary.

BIOHM® OMEGA-3 FISH OIL



Promotes Brain, Gut,
Joint, Eye and Heart Health*

OMEGA-3 OIL

2500MG

60 SOFTGELS
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 30

	Amount Per Serving	%DV ^A
Calories	30	
Calories from Fat	24	
Total Fat	2.5 g	8% ^A
Omega-3 Fish Oil	2500 mg	**
Total Omega Fatty Acids	1690 mg	
Eicosapentaenoic Acid (EPA)	860 mg	
Docosahexaenoic Acid (DHA)	630 mg	
Other Omega Fatty Acids	200 mg	

^APercent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other Ingredients: Fresh wild-caught cold water fish oil (sardine, herring, anchovy, and mackerel), Gelatin, Vegetable glycerin, Purified water.

CONTAINS FISH.

Distributed By BIOHM Health LLC
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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