

LACTA-BIOTIC™ contains 3 billion CFUs of a strain of probiotics called *Lactobacillus fermentum* CECT5716 (Hereditum® LC40®). This strain is found in human breast milk and offers support to mom and baby by promoting overall breast health for mom and a healthy immune system for baby.*

Share your journey!
@legendairymilk   

FOR MOM:

- Supports breast health and comfort*
- Helps to maintain healthy bacteria in the breast & gut*
- Supports overall body and brain function*

FOR BABY:

- Supports healthy weight & growth*
- Balances digestive and respiratory health*
- Promotes gut health*
- Supports a healthy immune system*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LEGENDAIRY Milk®

LACTA-BIOTIC™

BREASTFEEDING
PROBIOTIC

- ✦ Promotes breast health*
- ✦ Supports comfort during lactation*
- ✦ Balances and maintains healthy bacteria in the breast and gut*

PROBIOTIC SUPPLEMENT

30-DAY SUPPLY / 30 CAPSULES

Suggested Use: Take 1 (one) capsule daily, with food or between meals.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving

Lactobacillus fermentum 90 mg
CECT5716 (Hereditum® LC40®) (3 billion CFUs) +

+ Daily Value (DV) not established.

Other Ingredients: Maltodextrin, hypromellose (capsule), magnesium stearate.

MANUFACTURED FOR LEGENDAIRY MILK, LLC
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MADE IN SPAIN

CAUTION: Keep out of reach of children. Pregnant and lactating women should always consult with a healthcare provider prior to using. Hypersensitivity, such as allergy may occur in which case discontinue use. Store in a cool, dry place.

LC40® is a trademark of Biosearch Life, a Kerry company.

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