

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM# F8886-240 REF 0423

Manufactured by **Futurebiotics®**
Hauppauge, NY 11788
www.futurebiotics.com
800-FOR-LIFE (800) 367-5433



Valerian Root

1200 MG



Promotes relaxation*

Free of gluten & soy

240 Vegetarian
Capsules
Dietary Supplement



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 240

Amount Per Serving	% Daily Value
Valerian root powder (valeriana officinalis) (From 120-mg of 10:1 extract)	1200 mg 1

*Daily value not established

Other Ingredients: Microcrystalline cellulose, modified cellulose (vegetarian capsule), magnesium stearate, silicon dioxide.

Directions: As a dietary supplement for adults only, take 1 capsule daily, at bedtime or as directed by a healthcare professional.

Warnings: Do not take this product if you are pregnant or nursing. Consult a healthcare professional before taking this product if you have a medical condition, or are taking any medications. Do not consume alcohol, drive or operate machinery after taking this product.

Discontinue use and consult a healthcare professional in case of adverse reaction.

Do not use if seal under cap is broken or missing.

Keep out of reach of children.
Store at room temperature.
Protect from light.