**DIRECTIONS:** As a dietary supplement, take one capsule daily, 30 minutes before bed.

**CAUTION:** Do not exceed recommended dose. Pregnant women or nursing mothers, children under 18, and individuals with a known medical condition, should consult with a physician before taking this or any other dietary supplement.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE AT ROOM TEMPERATURE.

Manufactured in the USA according to current Good Manufacturing Practice (cGMP) and conforms to the tested ingredient grade, strength and purity of industry Quality Standards.













ADVANCED MENOPAUSE SUPPORT<sup>†</sup>
Premium Grade • High Potency
SAFE • FAST • NATURAL FORMULA

Optimal Strength

**GMP** Certified

WITH VALERIAN & HESPERIDIN

30 CAPSULES



100% Vegan Friendly

## **SUPPLEMENT FACTS**

Serving Size: 1 Capsule	Servings Per Container: 30
	Amount per serving %DV
Calcium (as Calcium Citrate) Magnesium (as Magnesium C Potassium (as Potassium Citra	200 mg 20% (xide) 30 mg 8% (ate) 15 mg <1%
Valerian ( <i>Valeriana officinalis</i> ) Hesperidin Complex Passion Flower ( <i>Passiflora</i> ) Ex (a 4:1 Extract, equivalent	200 mg * tract 50 mg * to
200 mg of Passion Flowe 5-HTP ( <i>Griffonia simplicifolia</i> ) Ammonium Succinate Glycine Melatonin	r) Extract (seed) 50 mg * 50 mg * 15 mg * 2.5 mg *

\* Daily Value not established

% Daily Value (DV) based on a 2000 calorie diet

Other Ingredients: Vegetable Cellulose.

Distributed by:



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