

DIRECTIONS: As a dietary supplement, take two capsules daily, (one in the morning and one in the afternoon), with meals with an 8 oz. glass of water.

CAUTION: Do not exceed recommended dose. Women who are pregnant or nursing should not take this product. Children under 18, and individuals with a known medical condition, should consult with a physician before taking this or any other dietary supplement.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE AT ROOM TEMPERATURE.

Manufactured in the USA according to current Good Manufacturing Practice (cGMP) and conforms to the tested ingredient grade, strength and purity of industry Quality Standards.



AS **APPROVED SCIENCE®**

MAGNESIUM COMPLEX



HIGH ABSORPTION MAGNESIUM†
Premium Grade • High Potency
SAFE • FAST • ADVANCED FORMULA

Optimal Strength
GMP Certified

WITH
Mag4-Sci™
&
VITAMIN B6

60 CAPSULES  100% Vegan Friendly

DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 2 Capsules Servings Per Container: 30

	Amount per serving	%DV
Vitamin B6 (as Pyridoxine HCl)	20 mg	1176%
Mag4-Sci™ Magnesium Complex (as Magnesium Bisglycinate, Magnesium Malate, Magnesium Citrate and Magnesium Oxide)	200 mg	48%
BioPerine® (<i>Piper nigrum</i>) (fruit) (standardized to 95% Piperine) (standardized to 50:1)	5 mg	*

* Daily Value not established
% Daily Value (DV) based on a 2000 calorie diet

Other Ingredients: Hypromellose, Magnesium Stearate, Silicon Dioxide.

BioPerine® Patented Bioavailability Enhancer

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