

**DIRECTIONS:** As a dietary supplement, take two capsules daily, (one in the morning and one in the afternoon), before meals with an 8 oz. glass of water.

**CAUTION:** Do not exceed recommended dose. Pregnant women or nursing mothers, children under 18, and individuals with a known medical condition, should consult with a physician before taking this or any other dietary supplement.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN.**  
**DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.**  
**STORE AT ROOM TEMPERATURE.**

Manufactured in the USA according to current Good Manufacturing Practice (cGMP) and conforms to the tested ingredient grade, strength and purity of industry Quality Standards.



Distributed by:  
**AS APPROVED SCIENCE®**

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**ENERGYSYL™**

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Premium Grade • High Potency

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Optimal Strength

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WITH

**AdaptaSci™**

ADAPTOGENIC  
ENERGY COMPLEX

60 CAPSULES  100% Vegan Friendly

DIETARY SUPPLEMENT

**SUPPLEMENT FACTS**

Serving Size: 2 Capsules      Servings Per Container: 30

|                                                                           | Amount per serving | %DV                    |
|---------------------------------------------------------------------------|--------------------|------------------------|
| <b>B-Sci™ Vitamin B Complex</b>                                           |                    |                        |
| Vitamin B1 (as Thiamin HCl)                                               | 10 mg              | 833%                   |
| Vitamin B2 (as Riboflavin)                                                | 10 mg              | 769%                   |
| Vitamin B3 (as Niacin)                                                    | 25 mg NE           | 156%                   |
| Vitamin B6 (as Pyridoxine HCl and Pyridoxal-5-Phosphate)                  | 10 mg              | 588%                   |
| Folate (as 5-Methyltetrahydrofolate)                                      | 400 mcg DFE        | 100%                   |
| Vitamin B12 (as Methylcobalamin)                                          | 1000 mcg DFE       | 41667%                 |
| Biotin                                                                    | 500 mcg            | 1667%                  |
| Vitamin B5 (as Calcium Pantothenate)                                      | 50 mg              | 1000%                  |
| <b>AdaptaSci™ Adaptogenic Complex</b>                                     |                    |                        |
| Siberian Ginseng ( <i>Eleutherococcus senticosus</i> ) Powder (root)      | 300 mg             | *                      |
| Reishi Mushroom ( <i>Ganoderma lucidum</i> ) Powder (fruit body)          | 300 mg             | *                      |
| Ashwagandha ( <i>Withania somnifera</i> ) Powder (root)                   | 150 mg             | *                      |
| Rhodiola ( <i>Rhodiola crenulata</i> ) Powder (root)                      | 150 mg             | *                      |
| Tulsi (Holy Basil) ( <i>Ocimum sanctum</i> ) Extract (leaf) (berry)       | 150 mg             | *                      |
| Schisandra ( <i>Schisandra sphenanthera</i> ) Powder                      | 100 mg             | *                      |
| Maca ( <i>Lepidium meyenii</i> ) Powder (root)                            | 75 mg              | *                      |
| Cordyceps Mushroom Powder                                                 | 50 mg              | *                      |
| BioPerine® ( <i>Piper nigrum</i> ) (fruit) (standardized to 95% Piperine) | 5 mg               | *                      |
|                                                                           |                    | (standardized to 50:1) |

\* Daily Value not established  
% Daily Value (DV) based on a 2000 calorie diet

**Other Ingredients:** Vegetable Cellulose, Magnesium Stearate, Silicon Dioxide.  
**BioPerine®** the Patented Bioavailability Enhancer

