

**DIRECTIONS:** As a dietary supplement, take two tablets daily, (one in the morning and one in the afternoon), before meals with an 8 oz. glass of water.

**CAUTION:** Do not exceed recommended dose. Pregnant women or nursing mothers, children under 18, and individuals with a known medical condition, should consult with a physician before taking this or any other dietary supplement.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.  
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.  
STORE AT ROOM TEMPERATURE.

Manufactured in the USA according to current Good Manufacturing Practice (cGMP) and conforms to the tested ingredient grade, strength and purity of industry Quality Standards.



**AS** **APPROVED SCIENCE®**

**CRAMP**PRIN™  
+BIOPERINE®

ADVANCED LEG CRAMP SUPPORT†  
Premium Grade • High Potency  
SAFE • FAST • NATURAL FORMULA

Optimal Strength  
GMP Certified

WITH  
**MAGNESIUM  
GLYCINATE**

60 TABLETS  100% Vegan Friendly

DIETARY SUPPLEMENT

**SUPPLEMENT FACTS**

Serving Size: 2 Tablets      Servings Per Container: 30

|                                                                                                  | Amount per serving | %DV    |
|--------------------------------------------------------------------------------------------------|--------------------|--------|
| <b>B-Sci™</b> Vitamin B Complex                                                                  |                    |        |
| Vitamin B1 (as Thiamine HCl)                                                                     | 7.5 mg             | 625%   |
| Vitamin B2 (as Riboflavin)                                                                       | 7.5 mg             | 577%   |
| Vitamin B3 (as Niacin)                                                                           | 25 mg NE           | 156%   |
| Vitamin B5 (as Calcium Pantothenate)                                                             | 12.5 mg            | 250%   |
| Vitamin B6 (as Pyridoxine)                                                                       | 30 mg              | 1765%  |
| Biotin                                                                                           | 1000 mcg           | 3333%  |
| Folate (as Folic Acid)                                                                           | 1000 mcgs DFE      | 250%   |
| Vitamin B12 (as Cyanocobalamin)                                                                  | 500 mcg            | 20833% |
| Magnesium (as Magnesium Glycinate)                                                               | 420 mg             | 100%   |
| Chamomile ( <i>Matricaria chamomilla</i> Powder) (flower)                                        | 50 mg              | *      |
| Ginger ( <i>Zingiber officinale</i> Powder) (root)                                               | 50 mg              | *      |
| BioPerine® ( <i>Piper nigrum</i> ) (fruit) (standardized to 95% Piperine) (standardized to 50:1) | 5 mg               | *      |

\* Daily Value not established  
% Daily Value (DV) based on a 2000 calorie diet

**Other Ingredients:** Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Magnesium Stearate, Silicon Dioxide.

BioPerine® Patented Bioavailability Enhancer

Distributed by:

**AS** **APPROVED SCIENCE®**

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