

**DIRECTIONS:** As a dietary supplement, for first time use, take six capsules daily, (two in the morning, two in the afternoon and two in the evening). For maintenance, take two capsules daily, (one in the morning and one in the afternoon), before meals with an 8 oz. glass of water.

**CAUTION:** Do not exceed recommended dose. Pregnant women or nursing mothers, children under 18, and individuals with a known medical condition, should consult with a physician before taking this or any other dietary supplement.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN.  
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.  
STORE AT ROOM TEMPERATURE.**

Manufactured in the USA according to current Good Manufacturing Practice (cGMP) and conforms to the tested ingredient grade, strength and purity of industry Quality Standards.



**AS APPROVED SCIENCE®**

# CONSTILEX™



ADVANCED CONSTIPATION RELIEF†  
Premium Grade • High Potency  
SAFE • FAST • NATURAL FORMULA

Optimal Strength

**GMP Certified**

WITH  
PROBIOTIC  
**LACTOBACILLUS  
ACIDOPHILUS**

60 CAPSULES 100% Vegan Friendly

DIETARY SUPPLEMENT

## SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount per serving	%DV
Senna ( <i>Senna alexandrina</i> ) (leaf)	500 mg	*
Psyllium ( <i>Plantago ovata</i> ) (husk)	400 mg	*
Oat ( <i>Avena sativa</i> ) Bran	230 mg	*
Flaxseed ( <i>Linum usitatissimum</i> ) Powder	200 mg	*
Papaya ( <i>Carica papaya</i> ) (leaf)	100 mg	*
Black Walnut ( <i>Juglans nigra</i> ) (leaf)	40 mg	*
Mangosteen ( <i>Garcinia mangostana</i> )	40 mg	*
Prune ( <i>Prunus domestica</i> ) Powder	10 mg	*
Aloe Vera ( <i>Aloe barbadensis</i> ) Powder	10 mg	*
Lactobacillus acidophilus	10 mg	*
Apple Pectin	10 mg	*
Glucomannan	10 mg	*

\* Daily Value not established  
% Daily Value (DV) based on a 2000 calorie diet

**Other Ingredients:** Vegetable Cellulose (Capsules).

Distributed by:

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