

DIRECTIONS: As a dietary supplement, take two softgels daily, (one in the morning and one in the afternoon), with meals with an 8 oz. glass of water.

CAUTION: Do not exceed recommended dose. Pregnant women or nursing mothers, children under 18, and individuals with a known medical condition, should consult with a physician before taking this or any other dietary supplement.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE AT ROOM TEMPERATURE.

Manufactured in the USA according to current Good Manufacturing Practice (cGMP) and conforms to the tested ingredient grade, strength and purity of industry Quality Standards.



AS **APPROVED SCIENCE®**

BLACK SEED OIL



COLD PRESSED FROM *NIGELLA SATIVA*†
Premium Grade • High Potency
SAFE • FAST • ADVANCED FORMULA

Optimal Strength
GMP Certified

CONTAINS
40 mg
THYMOQUINONE
PER SERVING

60 SOFTGELS

DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 2 Softgels Servings Per Container: 30

	Amount per serving	%DV
Black Cumin (<i>Nigella sativa</i>) (Seed) Oil (Cold-Pressed, Hexane-Free, Non-GMO)	2000 mg	*
Omega-6 (Linoleic Acid) (50-67%)		
Omega-9 (Oleic Acid) (20-30%)		
Thymoquinone (standardized to 2%)	40 mg	*

* Daily Value not established
% Daily Value (DV) based on a 2000 calorie diet

Other Ingredients: Gelatin, Glycerin, Water.

Distributed by:
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