For Weight Loss: Mix 1 scoop with 8 – 12 oz. of cold water (adjust to taste) with cold water (adjust to taste) 30 breakfast, then a 2nd scoop minutes before your workout, with lunch.

To avoid sleeplessness, do not take within 6 hours of bedtime. Do not exceed recommended dose, Do not take more than 2 scoops in a 24 hour period. Due to the efficacious levels of CLA and MCT oils present in Cardio Cuts", separation may occur after mixing. Mix well and drink shortly thereafter. Consume a minimum 125 fl. oz. of water per day while taking this product. To be used as part of a physical conditioning program. Contents may settle after shipping. Shake container prior to each use to redistribute ingredients. Moisture and humidity can cause clumping and discoloration, Discard after expiration date. STORE IN A COOL, DRY PLACE, AVOID EXCESSIVE HEAT.

then a 2nd scoop 4 hours later

WARNING: KEEP OUT OF REACH OF CHILDREN. For use by Healthy Individuals only. Not for use by those under the age of 18. Do not exceed recommended dose, Do not use if you are pregnant. nursing, or contemplating pregnancy. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Do not consume synephrine or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are taking medication, including but not limited to MAOI inhibitors. antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine. ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia. recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. Do not use if tamper resistant seal is broken.



Manufactured Exclusively for NDS Nutrition Products, Inc. A Div. of Bond Laboratories, Inc. 4509 South 143rd Street, Suite 1 Omaha, NE 68137 www.ndsnutrition.com



First Pre-Cardio/Weight Loss Accelerant

CUTS

Dietary Supplement

GREATER **ENDURANCE***

OUICKER RECOVERY*

Green Apple 8.5 oz (242 g)

WEIGHT LOSS AND TONING*

Creatine Free

Supplement Facts

Serving Size 1-2 scoops (6-12g)
Servings Per Container 20-40 Servings

Amount Per	2 Scoops	% DV**
Calories	20	. 9
Total Fat	1.5 g	2%
Total Carbohydrates	2 g	<1%
Sugars	1 g	t
Vitamin D (as cholecalciferol)	800 IU	200%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	60 mcg	1,000%
Calcium (as calcium citrate and silicate)	200 mg	20%
Magnesium (as aspartate)	50 ma	13%

CARDIO CUTS® CROSS/OVER BLEND: 8,061 mg

THYRO-LEAN COMPLEX (INCHES)

Patent 2,248,854 and E.U. Patent 0885008.

Tone Tight Blend 2,220 mg Conjugated Linoleic Acid Powder (1,000 mg, Derived from Safflower Oil), Medium Chain Trigylceride Powder (1,000 mg Carnitine Complex [L-Carnitine, N-Acetyl-L-Carnitine HC] **Thyro-Support Blend** 650 mg Kelp, L-Tyrosine, Tartaric Acid, Gum Guggul

licensor of U.S. Patents 6.224.873: 6.316.499: 6.340.481: 6.340.482. Canadian

LEAN-PUMP RECOVERY COMPLEX 3,423 mg Endu-Recover Blend 2,423 mg Beta-Alanine (CarnoSyn®)(1,000 mg), Taurine, L-Glutamine, L-Glutamine AKG, L-Histidine HCL L-Isoleucine, L-Leucine, L-Valine, Glycerol, Bis Picolinato Oxo Vanadium, Ribose®, Norvaline Vaso-Lean Blend 1.000 mg L-Arginine, L-Arginine AKG 2:1, L-Arginine Ethyl Este

THERMO-OUTPUT

COMPLEX [POUNDS] 1,108 mg Rejuvenation Blend 670 mg

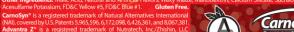
N-Acetyl Cysteine, Alpha Lipoic Acid (100 mg), Coenzyme Q10, Polygonum cuspidatum 20% Resver atrol, Grape Seed Ext., Folic Acid, Pine Bark Ext. Thermo-Cardio Blend 438 mg Caffeine (Anhydrous and Natural from Coffee Bean), Raspberry Ketones (100 mg), Amla (Phyllanthus emblica) (Fruit) Ext., Citrus aurantium (Fruit) Ext. 30% Synephrine Alkaloids (Advantra Z® Phosphatidyl Serine, Guarana Ext. Std to 22% Caffeine, Green Tea Ext., Vinpocetine

NATURAL HEALTH BLEND Calcium Citrate, Magnesium Aspartate, Pyridoxine HCI (Vit. B6), Methylcobalamin (Vit. B12), Vit. D

**Percent Daily Values (DV) are based on a 2.000 calorie diet. † Daily Value (DV) not established

Other Ingredients: Malic Acid, Natural and Artificial Flavors, Waxy Maize, Maltodextrin, Calcium Silicate, Sucralose

2,870 mg





MAXIMUM

ENERGY*