

**SUGGESTED USE:** Take 2 capsules daily, preferably with meals, or as directed by a physician. Take with at least 8 oz of liquid.



QUESTIONS? CONCERNS? SCAN THIS CODE WITH YOUR PHONE'S CAMERA TO CHAT WITH US ONLINE AND GET 20% COUPON FOR YOUR NEXT AMAZON EARTHBORN ELEMENTS ORDER!



# MAGNESIUM CITRATE

DIETARY SUPPLEMENT | 200 CAPSULES

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 100

Amount Per Serving	% Daily Value	
Magnesium (from 1,060mg Magnesium Citrate)	150mg	38%

\*\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Other Ingredients:** Gelatin Capsules