

Suggested Use: As a dietary supplement take two (2) veggie capsules once a day. For best results take 20-30 minutes before bedtime with an 8oz glass of water or as directed by your healthcare professional.

Caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

At Enclare, we believe wellness is based on a healthy lifestyle that includes diet, exercise, sleep, laughter and supplements. We dare you to be healthy!

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Have Questions? Contact: hello@enclarenutrition.com

Lot # and Expiration Date Printed on bottom of bottle.



NATURAL SLEEP PARADISE

CALM[†] • RELAX[†] • SLEEP[†]



VEGAN RESTFUL SLEEP AID[†]

60 Capsules | Dietary Supplement



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Calcium (as Calcium Carbonate)	17mg	1%
Vitamin B6 (as Pyridoxine HCL)	1.8mg	106%
Magnesium (as Magnesium Oxide)	13mg	3%
Melatonin	10 mg	**
Proprietary Sleep Blend	905mg	**

L-Tryptophan, Goji (*Wolfberry*)(*Lycium barbarum*)(berry), Chamomile (*Matricaria chamomile*)(flower), Lemon Balm (*Melissa officinalis*)(aerial), Passion Flower (*Passiflora incarnata*)(flower), L-Taurine, Hops (*Humulus lupulus*)(flower), St. John's Wort (*Hypericum perforatum*)(aerial), GABA (Gamma aminobutyric acid), Skullcap (*Scutellaria baicalensis*)(root), L-Theanine, Ashwagandha (*Withania somnifera*)(root), Insitol, 5-HTP (*Griffonia simplicifolia*)(seed).

**** Daily Value (DV) not established**

Other Ingredients: Cellulose (Vegetable Capsule), Magnesium Stearate (Vegetable), Silicon Dioxide.

CAREFULLY MADE FOR:
The Enclare Nutrition
Enclare LLC,
Jacksonville, FL 32225
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1-888-647-8922

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www.enclarenutrition.com

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SOCIAL CAUSE: A portion of all sales goes towards the education of girls in Africa, Vitamin Angels and Cancer Research.