

Suggested Use: As a dietary supplement, take two (2) capsules once a day with an 8oz glass of water. For best results, take 20-30 minutes before a meal or as directed by your healthcare professional.

Caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

At Enclave, we believe wellness is based on a healthy lifestyle that includes diet, exercise, sleep, laughter and supplements. We dare you to be healthy!

SOCIAL CAUSE:

A portion of all sales goes towards the education of girls in Africa, Vitamin Angels and Cancer Research.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot # and Expiration Date Printed on bottom of bottle.



VITAMIN B12 HAPPY

ENERGY • COGNITION • MOOD



SIX B VITAMINS PLUS COMPLEX¹

60 Capsules | Dietary Supplement



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin C (as Ascorbic Acid)	150mg	167%
Thiamine (as Thiamine Mononitrate) (Vitamin B1)	100mg	8,333%
Riboflavin (as Vitamin B2)	100mg	7,692%
Niacin (as Nicotinamide) (Vitamin B3)	20mg NE	125%
Vitamin B6 (as Pyridoxine HCL)	30mg	1,765%
Folate	1166mcg DFE (as 700mcg Folic Acid)	292%
Vitamin B12 (as Cyanocobalamin)	2000mcg	83,333%
Biotin	1000mcg	3,333%
Pantothenic acid (as D-Calcium Pantothenate) (Vitamin B5)	100mg	2,000%
Choline (as Choline Bitartrate)	100mg	18%
Inositol	150mg	**

** Daily Value (DV) not established

Other Ingredients: Cellulose (Vegetable Capsule), Microcrystalline Cellulose, Vegetable Stearate.

MANUFACTURED FOR:
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