

HoltraCeuticals™



Iron Essentials Dietary Supplement

Easily Assimilated Iron*

60 Capsules

HOLTORF MEDICAL GROUP®

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Suggested Use: As a dietary supplement, take one (1) capsule once per day on an empty stomach.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: If you are under medical supervision, seek the advice of your physician or healthcare professional prior to use of this product. Individuals with autoimmune conditions, depressive disorders or pregnant/lactating women should consult their physician prior to use.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving		%DV
Iron	29 mg	161%
<small>(as Ferrochel® Ferrous Bisglycinate Chelate)</small>		

Other Ingredients: Hydroxypropyl Methylcellulose (Vegetable Capsule), Silicon Dioxide, Rice Flour.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Ferrochel is a registered trademark of Albion Laboratories, Inc.



Manufactured for and distributed by:

Holtorf Medical Group®
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To re-order, visit: HoltraCeuticals.com



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Leaf and tree by date are printed on bottom of bottle. V181

