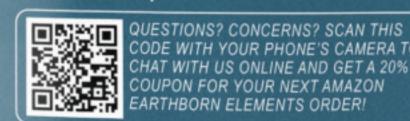
SUGGESTED USE: As a dietary supplement, take 3 capsules 1 to 3 times daily, preferably with meals. If pregnant, nursing, or taking medications, consult your physician. Take with at least 8 oz of liquid.





DIETARY SUPPLEMENT | 200 CAPSULES

## Supplement Facts

Serving Size 3 Capsules Servings Per Container: Approx. 66

Amount Per Serving

% Daily Value

Fenugreek Seed 1.230mg (Trigonella foenum-graecum)

\*\*% Daily Value Not Established.

Other Ingredients: Gelatin Capsules