SUGGESTED USE:

Take 2 capsules daily, preferably with meals, or as directed by a healthcare professional.

CAUTION:

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. If you are taking a birth control pill, are considering becoming pregnant or have questions about the advisability of taking this product, consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Sourced from an FDA Registered & Inspected and GMP-certified facility.





DR TOBIAS

MENOPAUSE Relief

With Black Cohosh, Dong Quai, Licorice & Red Clover

Dietary Supplement 60 Capsules (30 Day Supply)



- Includes herbs & soy isoflavones
- Menopause & hormonal support*
- Helps relieve hot flashes*
- · Pairs well with our Probiotics for Women

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving	% Daily Value	
Soy Isoflavones	30 mg	*
Black Cohosh Root Extract	160 mg	*
Dong Quai Root (1% extract)	150 mg	*
Licorice Root (1% extract)	150 mg	*
Red Clover Aerial Parts (1% extract)	400 mg	*
Sage Leaf (2.5% extract)	200 mg	*
Chasteberry Fruit (0.5% extract)	50 mg	*
Blessed Thistle (herb powder)	50 mg	*
Red Raspberry Fruit Powder	50 mg	*
Wild Yam Root (16% extract)	15 mg	*
trans-Resveratrol (from Polygonum cuspidatum root extract)	1 mg	*
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^{*}Daily Value not established.

OTHER INGREDIENTS:

Gelatin (bovine), microcrystalline cellulose, vegetable magnesium stearate and silicon dioxide.

ALLERGEN WARNING:

Contains soy.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.