







Piperine is the active compound found in small amounts in black pepper.
With a long history of uses, piperine is best known to support the absorption of other nutrients. In fact, piperine is often referred to as "the ingredient that makes the foods you eat work better."

## Supplement Facts Serving Size: 10 mg Servings Per Container: 2835 Amount Per Serving Black Pepper Extract (seed) 10 mg [min. 95% piperine (9.5 mg)] † Daily Value not established.

## Suggested Use:

Add 10 mg to any herb, spice, smoothie, or other healthy nutrients to improve bioavailability.

Lot# Best Before:

## CAUTION:

Do not take with medication.

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