



Organic Mucuna Pruriens Seed Powder



Net Wt
1 lb (454 g)

A natural source of L-Dopa, our Organic Mucuna Pruriens Seed Powder naturally contains 5% L-Dopa. L-Dopa is a precursor to the neurotransmitter dopamine, an important brain chemical involved in mood and movement. Mucuna has been traditionally used to support healthy stamina levels in women and men.

Suggested Use:

Begin by taking 1/4 teaspoon each day and if no negative reactions occur work up to 1 teaspoon daily. Mix with water, juice, yogurt, add to a smoothie, or infuse into a tea. Mucuna may work best when taken together with green tea extract.

Distributed by:

Z Natural Foods
5407 N Haverhill Rd Ste 336
West Palm Beach, FL 33407

www.ZNaturalFoods.com

Certified Organic by:

Baystate Organic Certifiers



California Prop 65 **WARNING:** Cancer and Reproductive Harm - www.P65Warnings.ca.gov/food

Supplement Facts

Serving Size 1/4 tsp (0.7 g)
Servings Per Container 647

Amount Per Serving

Calories 0 Calories from Fat 0

% Daily Value*

L Dopa 35mg **

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Daily Value not established.

Ingredients:

Organic Mucuna Pruriens
Seed
(Mucuna Pruriens)

Lot #

Best Before: