



ORGANIC GUARANA SEEDS

NON GMO | VEGAN | RAW | GLUTEN FREE | CHEMICAL FREE



Net Weight: 1 lb (454 g)

ORGANIC

GUARANA SEEDS

Named after the Guarani Indians from the Amazon, guarana seeds have been used traditionally to boost energy, increase mental alertness, suppress appetite, and support healthy digestion. The active ingredient in guarana is called guaranine which is chemically very similar to caffeine. Guaranine is marketed today to Western consumers in popular energy drinks.

Suggested Use:

Brew as a tea, in food and snack items.

Distributed by

Z Natural Foods
5407 N Haverhill Rd. Ste 336
West Palm Beach, FL 33407
www.ZNaturalFoods.com

Certified Organic by:
Baystate Organic Certifiers

Lot#

Best Before:

Supplement Facts

226 servings per container

Serving size 4 seeds (2g)

Amount Per Serving

Calories

% Daily Value*

Caffeine 0.1g

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* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

** Daily Value not established.

Ingredients:

Organic Guarana Seeds.



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California Prop 65 **WARNING:** Cancer and Reproductive Harm - www.P65Warnings.ca.gov/food