



ORGANIC

FO-TI ROOT

EXTRACT POWDER

(He Shou Wu)



Herbal Supplement
Net Weight: 1 lb (454 g)

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With a history of use that dates back centuries, Organic Fo-Ti Root Extract (also known as He Shou Wu) is derived from the roots of the Polygonum multiflorum vine. This climbing vine, native to Eastern Asia, can grow up to 30 feet and produces a small yellowish-white flower. Experience the power firsthand and discover why our Organic Fo-Ti Root Extract has been beloved for so long.

Suggested Use:

Mix 1 teaspoon (2.8g) with juice, yogurt, add to your favorite smoothie, or infuse into a tea.

Distributed by

Z Natural Foods
5407 N Haverhill Rd, Ste 336
West Palm Beach, FL 33407
www.ZNaturalFoods.com

Certified Organic by:
Boystate Organic Certifiers



Supplement Facts

Serving Size: 1 tsp (2.8g)
Servings Per Container: 162

Amount Per Serving	% Daily Value
Organic Fo-Ti Extract (root) 2800mg	↑

† Daily Value not established.

Other Ingredients: Organic Maltodextrin.

Lot#
Best Before:



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