LEAN GAINER ACTIVE is the most complete, highest-quality lean mass gaining formula on the market today. Adding muscle and size is not easy. It requires the right nutrients, at the right times, in the precise ratios the body can utilize. **LEAN GAINER ACTIVE** is formulated with 50 grams of the highest bioavailable sustained-release protein blend comprised of whey protein isolate, concentrate, egg albumen, and calcium and potassium caseinate proteins to saturate the muscles with over six hours of anabolic-triggering amino acids. We've also added 105g of our patent-pending slow to fast release carbohydrate blend to keep glycogen levels up, preventing muscle wasting and improving muscle anabolism all day long! With only 10g of naturally occurring sugar per serving and 5g of fiber, **LEAN GAINER ACTIVE** is without the doubt the most scientifically advanced lean mass gaining formula on the planet.

Suggested use: Take 1 serving (4 scoops) with 12 to 16 oz of your favorite beverage daily. For optimal results take Glutaplex with every Lean Gainer Active shake.

Warnings: KEEP OUT OF REACH OF CHILDREN. Always consult a physician prior to using any dietary supplement. Do not use or combine with other dietary supplements. Do not use if you have or are being treated for prostate hypertrophy or cancer, heart, liver, cardiovascular, kidney or thyroid disease, high blood pressure low hdl, taking antidepressants, MAO inhibitors, prescription drugs or any over the counter prescription drugs containing ephedrine or psuedo-ephedrine. Do not exceed suggested serving. Do not use if pregnant or nursing. Discontinue use and contact your health care provider if you experience rapid heartbeat, dizziness, severe headache, shortness of breath, or similar sypmtoms. Protect from Heat, Light, and Moisture. Store at 15-30˚C (59-86˚F). Do not use if seal is broken.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NUTRACORE NUTRITION

Manufactured For:
Nutracore Nutrition
53 East Merrick Rd, Suite 190
Freeport, NY 11520

www.nutracorenutrition.com

NUTRACORE NUTRITION

Lean GAINER ACTIVE

MASS GAINING FORMULA

Feeds Muscles for Over 6 Hours

2:1 Carbohydrate to Protein Ratio

Creatine, CLA, BCAA's, Glutamine

Vitamin/ Mineral Blend

Net Weight
10 lbs - 4536 g

VANILLA

Supplement Facts

Serving Size: 4 Scoops (192g) Servings Per Container: Approx. 24

AMOUNT PER SERVING

Calories: 675 Calories from Fat: 54

		% Daily Value*
Total Fat	6g	9%
Saturated Fat	1.5g	7%
Cholesterol	125mg	20%
Sodium	750mg	31%
Total Carbohydrates	105g	35%
Sugar	10g	
Dietary Fiber	5g	
Protein	50g	

Additional Ingredients: Instantized Whey Protein Isolate, Micro Filtered Whey Protein Concentrate, Whey Protein Peptides, Egg Albumin, Casein Protein (Calcium & Potassium), Milk Protein, Soy Lecithin, Natural and Artificial Flavors, Natural Cream Flavor, Cane Sugar, Cellulose Gum, Xanthan Gum, Carrageenan Gum, Sucralose.

Antioxidant PH-Balancing Blend 750mg
Trans Resveratrol, Acai Berry, Alpha Lipoic Acid, Quercitin, Green Tea Extract, N Actyl Cysteine, Grape Seed Extract, Vitamin A (beta carotene), Vitamin C (ascorbic acid), Vitamin D (calciferol), Vitamin E (d-a-tocopheryl-acetate), Biotin, Folic Acid, Calcium (Carbonate/Oxide), Magnesium (Citrate/Oxide), Zin (Aspartate/Oxide), Potassium (Chloride/Phosphate), Copper (Chelate), Molybdenum (Sodium Molybdate), Selenium (as selenium Yeast), Iron (Ferrous Sulfate), Phosphorus (Oxide), Kelp (Natural source of Iodine), Chromium (Picolinate), Manganese (Gluconate)

Muscle Preservation Blend 18g
L-Taurine, L-Glutamine††, L-Leucine††, L-Isoleucine††, L-Valine††, HICA (DL-Alpha-Hydroxyisocaproic Acid)

Nitrogen Retention Blend 500g
Lactase (Milk Enzyme), Bromein, Vitamin B1 (Thiamin), Vitamin B2 (Riboflavin), Vitamin B3 (Niacin), Vitamin B5 Panthothetic Acid (Calcium Pantothenate), Vitamin B6 (Pyridoxine HCL), Vitamin B12 (Cyanocobalamin)

Fat Incinerating/ Cortisol-Suppressing Blend 6g
CLA (Conjugated Linoleic Acid), Fibersol® - 2 (Maltodextrin), PhosphatidylSerine

* Percent Daily Values (DV) are based on a 2,000 calorie diet † Daily Value (DV) not established
** Creatine MagnaPower® is a registered trademark of Albion Laboratories, Inc. Chelate covered by U.S. Patent 6,114,379 and patents pending
†† Naturally occuring from protein

Contains:
Milk, Egg and Soy Ingredients

Amino Acid Profile Per Serving (4 scoops)

L-Aspartate	2.68g
L-Serine	2.95g
L-Histidine	2.96g
L-Threonine*	2.86g
L-Proline	2.87g
L-Tyrosine	2.79g
L-Valine (BCAA)	2.35g
L-Methionine	2.74g
L-Cysteine	2.71g
L-Glutamic Acid	4.64g
L-Glycine	2.04g
L-Arginine	2.21g
L-Alanine	2.99g
L-Leucine (BCAA)	2.80g
L-Phenylalanine*	2.81g
L-Tryptophan*	1.72g
L-Lysine*	2.93g
L-Isoleucine* (BCAA)	2.95g

*Essential Amino Acid