

Suggested Use: Take 1 softgel daily with food, or as recommended by a Healthcare Practitioner.

Formulated Without: GMOs, Gluten or Soy.

Warnings: Keep out of reach of children. As with all dietary supplements, it is recommended to consult with a healthcare professional before adding something new to your health and wellness regimen.

Sealed for your protection, do not use if seal is missing or broken. Store in a cool, dry place.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Vitamin K2

(as Menaquinone-7)

Supports Bone Health &
Calcium Metabolism*



LAKE AVENUE[®]
NUTRITION

Dietary Supplement 120 Veggie Softgels



Supplement Facts

Serving Size 1 Softgel

Servings Per Container 120

	Amount Per Serving	%Daily Value
Vitamin K (as K2, Menaquinone-7)	50 mcg	42%

Other Ingredients: Sunflower Seed Oil, Veggie Softgel Capsule (Modified Vegetable Starch, Purified Water, Carrageenan, Vegetable Glycerin, Sorbitol, Dicalcium Phosphate, Caramel), Rice Bran Wax, Sunflower Lecithin, and Microcrystalline Cellulose.

Not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.

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