

Suggested Use: Take 1 capsule daily with food, or as recommended by a qualified healthcare professional.

Formulated Without: Gluten, GMOs or Soy

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements. This product is not intended for use by pregnant or nursing women. Do not use this product while taking medication or if you have a medical condition without consulting a healthcare professional as St. John's Wort is known to interact with antidepressants, oral contraceptives, immunosuppressants, anticoagulants, anti-seizure, chemotherapeutic agents, and other prescription and over-the-counter medications. Due to the potential photosensitizing properties of St. John's Wort, avoid prolonged exposure to the sun.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



St. John's Wort Extract 300 mg

Supports Positive Mood*



LAKE AVENUE
NUTRITION

Dietary Supplement 240 Veggie Capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 240

	Amount Per Serving	%Daily Value
St. John's Wort Extract (<i>Hypericum perforatum</i>) (aerial parts) (Standardized to 0.3% Hypericin)	300 mg	†

† Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Modified Cellulose (Hyromellose Veggie Capsule), Dextrin (Carrier for St. John's Wort Extract), Silicon Dioxide (Silica), and Stearic Acid.

Not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.

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