

Chocolate  
Naturally Flavored

# WHEY PROTEIN

Plus Probiotics and Enzymes

24g Protein • 16 Probiotic Strains Per Serving

No Artificial Flavors • No Artificial Sweeteners • No rbST Hormones\*



LAKE AVENUE  
NUTRITION

NET WT 5 LB (2.27 kg)

Notice: Use this product as a food supplement only. Do not use for weight reduction.

**Suggested Use:** Combine 2 slightly rounded scoops (36g\*) to 6-12 fl oz cold water or the liquid of your choice (e.g. dairy milk, coconut milk, almond milk, rice milk, soy milk, etc.). For best results, use a blender-type bottle, shaker cup or electric blender. Our Whey Protein + Probiotics can be blended with a spoon if necessary.

Lake Avenue Nutrition®  
Whey Protein Plus Probiotics and Enzymes  
Chocolate Flavor

- 16 Probiotic Strains Per Serving
- Protease, Peptidase & Bromelain Digestive Enzyme Blend
- Naturally Occurring BCAAs
- No rbST Hormones\*
- No Artificial Colors, Flavors or Sweeteners
- Formulated without: GMOs, Gluten or Soy

**Warnings:** Keep out of reach of children. Use this product as a food supplement only. Do not use for weight reduction.

Seal for your protection. Do not use if pouch is punctured or seal is damaged or broken. Store in a cool, dry place away from heat, light, and moisture.

**THIS PRODUCT IS PACKAGED AND SOLD BY WEIGHT, NOT BY VOLUME. SETTLING OF CONTENTS OCCURS OVER TIME AND CANNOT BE AVOIDED.**

\*36g per 2 scoops is an average. Individual scooping technique may yield slightly more or less than 36g.

\*No rbST from cows not supplemented with rbST. No significant difference has been shown between milk derived from rbST-supplemented and non-rbST supplemented cows.)

Lake Avenue Nutrition® is a registered trademark of Lake Avenue Nutrition, LLC.

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## Nutrition Facts

About 63 servings per container  
Serving size **2 scoops (36g\*)**

Amount per serving  
**Calories 140**

|                              | % Daily Value* |
|------------------------------|----------------|
| <b>Total Fat</b> 2g          | 3%             |
| Saturated Fat 1g             | 5%             |
| Trans Fat 0g                 |                |
| <b>Cholesterol</b> 65mg      | 22%            |
| <b>Sodium</b> 130mg          | 6%             |
| <b>Total Carbohydrate</b> 6g | 2%             |
| Dietary Fiber 2g             | 7%             |
| Total Sugars 2g              |                |
| Includes 0g Added Sugars     | 0%             |
| <b>Protein</b> 24g           |                |
| Vitamin D 0mcg               | 0%             |
| Calcium 160mg                | 10%            |
| Iron 1.1mg                   | 6%             |
| Potassium 220mg              | 4%             |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Whey Protein Concentrate (from BOVINE MILK), Natural Coconut Powder (Not Alkalized), Whey Protein Isolate (from BOVINE MILK), Natural Flavors, L-Glutamine, Fermented Milk Powder (from BOVINE MILK), Sunflower Lecithin, Stevia Leaf Extract, Gum Blend (Kappa Carrageenan, Guar Gum, and Tara Gum), Sea Salt, Probiotic Blend (Lactobacillus acidophilus (A01), Lactobacillus plantarum (LP09), Lactobacillus rhamnosus (LR08), Streptococcus thermophilus (Y08), Lactobacillus casei (LC03), Lactobacillus plantarum (LP01), Lactobacillus salivarius (GG), Lactobacillus rhamnosus (LR05), Lactobacillus reuteri (LR01), Lactobacillus acidophilus (A01), Bifidobacterium lactis (BS01), Bifidobacterium breve (BR01), Bifidobacterium longum (BL03), Bifidobacterium infantis (BI03), Bifidobacterium lactis (BA05)), Enzyme Blend (Protease 6.0, Protease 4.5, Peptidase & Bromelain), and Monk Fruit Extract.

**CONTAINS: MILK**

Not manufactured with eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, or other allergens or ingredients.