

Suggested Use: Take 1 capsule daily with or without food, or as recommended by a qualified healthcare professional.

Formulated Without: Gluten, GMOs or Soy

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Milk Thistle Extract

175 mg

Supports Liver Function*



LAKE AVENUE[®]
NUTRITION

Dietary Supplement 90 Veggie Capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

	Amount Per Serving	%Daily Value
Milk Thistle Extract (<i>Silybum marianum</i>) (seed) (Standardized to 80% Total Silymarin via UV-Vis)	175 mg	†

† Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Modified Cellulose (Hypromellose Veggie Capsule), Silicon Dioxide (Silica), and Stearic Acid.

Not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.

Lake Avenue Nutrition[®] is a registered trademark of Madre Labs, LLC

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