

SUGGESTED USE:

Shake well.

Take 25-50 drops

1-3 times daily



TAKE IT DOWN A NOTCH

Consult expert
medical advice
before use while
pregnant or
nursing.

DIETARY SUPPLEMENT - 1 FL OZ / 30 ML
FRESH APPALACHIAN EXTRACTS
FOR THE WHOLE FAMILY

SUPPLEMENT FACTS

Serving size: 50 drops

Amount per serving size

Proprietary Blend*

Fresh Skullcap flowering top
(Scutellaria lateriflora), fresh
Milky Oat seed (Avena sativa),
fresh Motherwort flowering top
(Leonurus cardiaca), fresh Holy
Basil flowering top (Ocimum
africanum), fresh Blue vervain
flowering top (Verbena hastata)

*Daily value not established

Other ingredients:
organic alcohol, water

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