

A proper rest and recovery plan is critical for every high performing athlete to maintain optimal performance over an entire season. The ingredients in POST-Rx are a critical component to that overall plan.

Exposing the body to the stress and vigor of high intensity exercise and training will deplete your body of essential fuel required for proper muscle growth and repair. Additionally, this stress may elevate the amount of cortisol produced by the body, a hormone (glucocorticoid) which works much in the opposite way that testosterone does, transforming proteins into glucose.

The ingredients in POST-Rx are a natural way to combat muscle soreness, combat catabolism and maintain maximum performance.

Warning: Consult a physician before using if you are unaware of your current health status, if you have a medical condition, or if you or your family has a medical history of cardiovascular disease, diabetes, psychological disorders, hormonal abnormalities, or if you are taking any prescription drug. Do not exceed maximum daily dosage. Do not use if safety seal is broken. **KEEP OUT OF REACH OF CHILDREN.**

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

UPC
807156001628



Made in USA

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1785 N. Edgelawn Drive, Aurora, Illinois 60506 • More info: www.rivalus.net or call 1-800-620-4177



POST-Rx

ADVANCED RECOVERY FORMULA

ANTICATABOLIC GROWTH INGREDIENTS[†]
with
GLUTAMINE • BCAAs • NATURAL ANTI-INFLAMMATORIES



BLUE RASPBERRY
DIETARY SUPPLEMENT
Net Weight: 13.12 oz (372 g)

45 SERVINGS

SUPPLEMENT FACTS

Serving Size: 1 scoop (8250 mg)
Servings Per Container: 45

Amount Per Serving	Amount	% DV
POST-Rx Amino Complex	6500 mg	
L-Leucine	2500 mg	**
L-Valine	1250 mg	**
L-Isoleucine	1250 mg	**
L-Glutamine	1500 mg	**
Accelerated Recovery Complex	750 mg	
Boswellia		**
Quercetin		**
Turmeric		**
Trimethylglycine		**
Percent daily values based on 2000 calorie diet ** Daily value not established		

Other Ingredients: Natural and Artificial Flavors, Citric Acid, Malic Acid, Sucralose, Acesulfame Potassium, FD&C Blue #1

Allergen Information: Contains milk and soy (lecithin) ingredients. Manufactured in a facility that processes peanuts and/or tree nuts.

Recommended Use: Dr. Darren Burke (PhD) recommends 1 scoop mixed with 8-10 fl oz of water immediately after training or competition. On non-training days, take 1 scoop of POST-Rx in the morning and 1 scoop before bed. For best results, use POST-Rx everyday in conjunction with a high quality protein and combine with exercise 3-5 days per week.[†]

THIS PRODUCT WILL NOT CAUSE AN ADVERSE ANALYTICAL FINDING AS DEFINED BY THE INTERNATIONAL OLYMPIC COMMITTEE (IOC) OR WORLD ANTI-DOPING AGENCY (WADA).

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