

SUGGESTED USE:

Shake well.

Take 50-75 drops

1-3 times daily.



SLEEPY BLEND

Consult expert
medical advice
before use while
pregnant or nursing.

DIETARY SUPPLEMENT - 1 FL OZ / 30 ML

FRESH APPALACHIAN EXTRACTS
FOR THE WHOLE FAMILY

SUPPLEMENT FACTS

Serving size: 25 drops

Amount per serving size

Proprietary Blend*

Catnip herb (*Nepeta cataria*).

Skullcap herb

(*Scutellaria lateriflora*).

Wild Lettuce flowering top

(*Lactuca* spp.), Passionflower

herb (*Passiflora incarnata*)

-all fresh

*Daily value not established

Other ingredients: organic
alcohol, water.

EST. 1994

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