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SUGGESTED USE:

Shake well.

Take 1-3 drops

1-2 times daily

in a little water.

Consult expert qualified

in the appropriate use of

the substance. Potential

adverse effects of overuse

may include: spaciness,

nausea, vomiting, and

diarrhea.

ASHEVILLE NC

REDMOONHERBS.COM

888-929-0777

EST. 1994



POKE

DIETARY SUPPLEMENT - 1 FL OZ / 30 ML
FRESH APPALACHIAN EXTRACTS
FOR THE WHOLE FAMILY

Supplement Facts

Serving size: 1 drop

Herb strength ratio 1:2

Amount per serving size

Extract*

**Fresh poke root
(Phytolacca
americana)**

***Daily value not established**

**Other ingredients: water,
organic alcohol.**

**STILL MADE THE
WISE WOMAN WAY**