SUGGESTED USE: Take one tablet daily.

Whole Food Source of Zinc

Zinc is an essential mineral found in every cell in the body. It is required for the proper functioning of the body's natural defenses and for protein synthesis, tissue health and growth hormones.[†] Zinc also helps maintain normal taste and smell acuity, and promotes healthy skin.[†] Adequate daily intake of zinc is essential for good health.[†] This formulation utilizes whole food based zinc from the fermented probiotic nutritional yeast for bioavailability along with an organic blend of supporting botanicals.

CONTAINS NO artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, sesame, tree nuts, soy, crustacean shellfish or fish.

^ SGS verified the process for manufacturing this product with no GMO ingredients. www.sgs.com/no-gmo

Store in a cool, dry place.

We Guarantee Our Supplements for Potency and Purity To report a serious adverse event, call 1-888-710-0006



Whole Food Zinc 20 mg

From Fermented Probiotic Complex Supports Immune and Skin Health[†]



Whole Food Dietary supplement

60 vegan tablets

Supplement Facts

Serving Size 1 Vegan Tablet Servings Per Container 60

Daily Value not established.

Amount Per Serving	% Daily Value	
Zinc (from fermented whole cell matrix)	20 mg	182%
Organic Whole Food Blend Organic spinach (leaf), organic rice hull, organic pumpkin (seed), organic carrot (root), organic blueberry (fruit)	72 mg	*

Other ingredients: Fermented whole cell matrix (Saccharomyces cerevisiae), cellulose, calcium stearate, silica, organic guar gum, organic acacia (gum Arabic), organic agave fiber, organic rice bran extract, organic agave syrup, organic sunflower oil, glycerin.

Manufactured for: E-NutritionStore.com Elkridge, MD 21075 443-483-3340

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.