Optimal Omega-3 with DHA & EPA for Brain & Heart Health†

The best natural sources of omega-3 fats are certain fatty fish which contains both eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), which are the forms of omega-3's readily absorbed by the body. Many people do not include adequate amounts of fatty fish in their diet and, since the human body cannot make omega-3's on its own, obtaining these fats from the diet is important. Our molecularly distilled **Optimal Omega-3** is sourced from fresh cold water sources and is tested for purity and heavy metals. The fish are caught in the oceans off the coast of South America and are not farm-raised.

Our product uses EPAX® fish oil, which is the most clinically documented line of marine omega-3 concentrates with over 100 published studies. EPAX® fish oil is sourced from our supplier's Friend of the Sea® (FOS)-certified sister company in South America, which guarantees sustainable and environmentally friendly fishing practices. Their vertically integrated supply chain allows traceability from the date, species, and shipping vessel our raw materials were caught--to finished product. They also have systems in place for recycling, reuse of the waste, and reduced energy use.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy or crustacean shellfish.

SGS verified the process for manufacturing this product with no GMO ingredients. www.sgs.com/no-gmo



*** Most fish allergies are actually allergies to fish protein. Our Omega-3 Once Daily is derived from fish oil that does not contain fish protein.

Store in a cool, dry place.

We Guarantee Our Supplements for Potency and Purity To report a serious adverse event, call 1-888-710-0006



Optimal

0mega-3

420 mg EPA, 350 mg DHA
Supports Cardiovascular and Brain Health[†]



Dietary Supplement

90 SOFTGELS



Supplement Facts

Serving Size 1 Softgel Servings Per Container 90

** Daily Value not established.

Amount Per Serving	% Daily Value	
Calories	15	
Total Fat	1.5 g	2%*
Fish Oil***	(1,400 mg) 1.4 g	**
EPA (eicosapentaenoic acid)	420 mg	**
DHA (docosahexaenoic acid)	350 mg	**

Other ingredients: Gelatin, glycerin, purified water, natural flavors, mixed tocopherols.

Manufactured for: E-NutritionStore.com Elkridge, MD 21075 443-483-3340

SUGGESTED USE: Take one softgel per day or as directed by a healthcare professional.

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.