

High Potency Vegetarian D3 for Bone, Immune & Cellular Health†

Vitamin D3 is a fat-soluble vitamin that helps maintain healthy bones by stimulating the absorption of calcium in the body.† The body has the ability to make vitamin D naturally when exposed to sunlight. During the winter months, however, the body's vitamin D stores are low, increasing the risk of deficiency. Sunscreens can also block the body's ability to make vitamin D from sunlight. Vitamin D deficiency can contribute to accelerated bone loss and reduced calcium utilization. Recently, research shows higher intakes of vitamin D may support overall cellular health.†

Our **Performance Vitamin D3 5,000 IU** provides a vegetarian source of this key nutrient as a scored tablet—which means you can choose between a 125 mcg (5,000 IU) dose or breaking the scored tablet in half to consume 62.5 mcg (2,500 IU).

^ SGS verified the process for manufacturing this product with no GMO ingredients. www.sgs.com/no-gmo

Store in a cool, dry place.

We Guarantee Our Supplements for Potency and Purity
To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



NUTRA SPORT®



Performance Vitamin D3

5,000 IU

Dietary Supplement

60 Vegetarian Tablets



Supplement Facts

Serving Size 1 Tablet

Servings Per Container 60

| Amount Per Serving | % Daily Value | |
|-----------------------------------|--------------------|------|
| Vitamin D (as cholecalciferol) | 125 mcg (5,000 IU) | 625% |

Other ingredients: Cellulose, modified cellulose gum, silica, stearic acid (vegetable source), magnesium stearate (vegetable source).

Manufactured for: E-NutritionStore.com
Elkridge, MD 21075 443-483-3340

SUGGESTED USE: Take one tablet daily with food; do not exceed two tablets per day unless directed by a physician.

CONTAINS NO artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, sesame, tree nuts, soy, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN.

VVL 107-60D1