

Amount Per Serving	% Daily Value	
Digestion Blend (inositol, betaine hydrochloride, glutamic acid)	93 mg	*
Lemon Bioflavonoid Complex (fruit)	25 mg	*
Hesperidin (citrus fruit)	25 mg	*
Rutin (aerial parts)	25 mg	*
* Daily Value not established.		

Other ingredients: Stearic acid (vegetable source), cellulose, magnesium stearate (vegetable source), silica, potassium chloride, potassium amino acid chelate, glycerin.

Manufactured for: E-NutritionStore.com
Elkridge, MD 21075 443-483-3340

SUGGESTED USE: Take one tablet daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish, or fish.

Store in a cool, dry place.

We Guarantee Our Supplements for Potency and Purity
To report a serious adverse event, call 1-888-710-0006

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison center immediately.



**NUTRA
SPORT**



Prolonged Release
1 per day

**Performance
Multi**

**High Potency Multi-Vitamin
Dietary Supplement**

60 Vegetarian Tablets

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value	
Vitamin A (as beta-carotene)	1,500 mcg RAE	167%
Vitamin C (as niacinamide ascorbate)	250 mg	278%
Vitamin D (as cholecalciferol)	15 mcg	75%
Vitamin E (as d-alpha tocopheryl succinate)	67 mg	447%
Thiamine (as thiamine hydrochloride)	100 mg	8,333%
Riboflavin	100 mg	7,692%
Niacin (as niacinamide ascorbate)	100 mg	625%
Vitamin B6 (as pyridoxine hydrochloride)	100 mg	5,882%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as cyanocobalamin)	100 mcg	4,167%
Biotin	85 mcg	283%
Pantothenic Acid (as calcium pantothenate)	100 mg	2,000%
Choline (as choline bitartrate)	25 mg	5%
Calcium (from calcium phosphate, carbonate, chelate)	58 mg	4%
Iron (from ferrous fumarate, chelate)	18 mg	100%
Phosphorus (from calcium phosphate)	30 mg	2%
Iodine (from potassium iodide)	225 mcg	150%
Magnesium (from magnesium oxide, citrate)	40 mg	10%
Zinc (from zinc gluconate, oxide)	15 mg	136%
Selenium (from L-selenomethionine)	50 mcg	91%
Copper (from copper gluconate, chelate)	2 mg	222%
Manganese (from manganous carbonate, chelate)	7 mg	304%
Chromium (from chromium picolinate)	25 mcg	71%
Molybdenum (from sodium molybdate)	15 mcg	33%

KEEP OUT OF REACH OF CHILDREN. VVL 508-60W1