Amount Per Serving		% Daily Value	
Copper (from copper gluconate)	1 mg	111%	
Manganese (from manganous gluconate)	1 mg	43%	
Chromium (from chromium chloride)	25 mcg	71%	
Molybdenum (from sodium molybdate)	5 mcg	11%	

Other ingredients: Cellulose, modified cellulose gum, stearic acid (vegetable source), calcium stearate (vegetable source), lemon bioflavonoid complex (from fruit), silica, glycerin.

Manufactured for: E-NutritionStore.com Elkridge, MD 21075 443-483-3340

SUGGESTED USE: Take one tablet daily with food.

Our Iron Free **Baseline Multi** is formulated to provide the essential recommended nutrients for individuals with average nutritional needs. It is an ideal multi for men over the age of 25 and post-menopausal women. **CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

^ SGS verified the process for manufacturing this product with no GMO ingredients. www.sgs.com/no-gmo

We Guarantee our Supplements for Potency and Purity

To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



NUTRA SPERT



Iron Free 1 per day

Baseline Multi

Provides Basic Nutritional Support[†]

Dietary Supplement

60 Vegetarian Tablets

Supplement Facts

Serving Size 1 Tablet Servings Per Container 60

Amount Per Serving	% Daily Value	
Vitamin A (as beta-carotene)	1500 mcg RAE	167%
Vitamin C (as calcium ascorbate)	100 mg	111%
Vitamin D (as cholecalciferol)	10 mcg	50%
Vitamin E (as d-alpha tocopheryl succinate)	20 mg	133%
Thiamine (as thiamine hydrochloride)	10 mg	833%
Riboflavin	10 mg	769%
Niacin (as niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	588%
Folate	667 mcg DFE 0 mcg folic acid)	167%
Vitamin B12 (as cyanocobalamin)	15 mcg	625%
Biotin	30 mcg	100%
Pantothenic Acid (as calcium pantothenate)	20 mg	400%
Calcium (from calcium phosphate, ascorbate	e) 100 mg	8%
Phosphorous (from calcium phosphate)	68 mg	5%
lodine (from potassium iodide)	150 mcg	100%
Magnesium (from magnesium oxide)	50 mg	12%
Zinc (from zinc oxide, gluconate)	15 mg	136%
Selenium (from selenomethionine)	25 mcg	45%