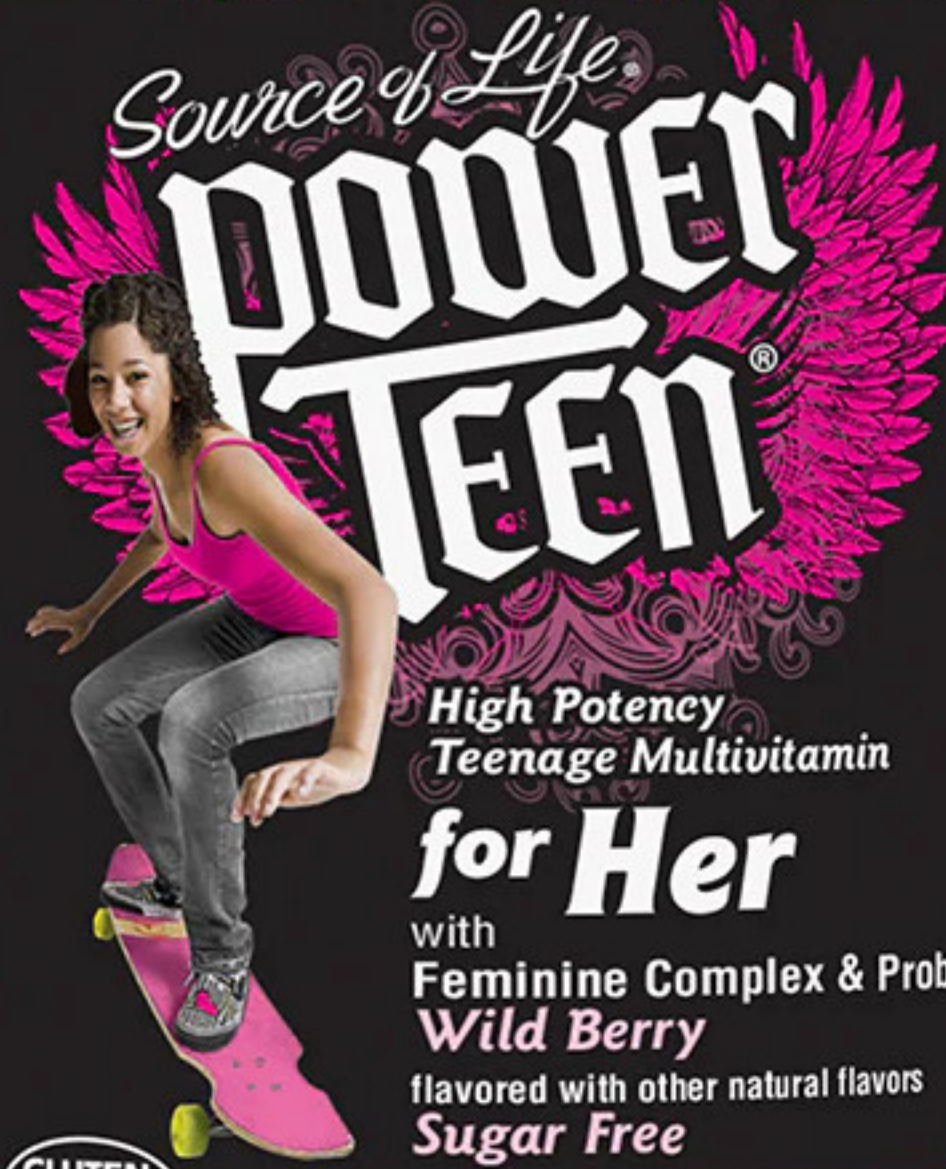


NaturesPlus®



GLUTEN Free

60 Chewable Tablets

DIRECTIONS: As a dietary supplement for young women, two tablets once daily. **KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**

Supplement Facts

Serving Size 2 Chewable Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	5
Total Carbohydrate	3 g 1%**
Xylitol	3 g †
Vitamin A (as beta carotene)	1500 mcg RAE (5000 IU) ... 167%
Vitamin C (as ascorbic acid)	60 mg 67%
Vitamin D (as cholecalciferol [vegan D3]) ...	12.5 mcg (500 IU) 63%
Vitamin E (as d-alpha tocopheryl acetate) 20 mg α-TE (30 IU) ...	133%
Vitamin K (as menaquinone-7 [K2])	80 mcg 67%
Thiamin (vitamin B1) (as thiamine HCl)	1.9 mg 158%
Riboflavin (vitamin B2)	2.1 mg 162%
Niacin (as niacinamide)	25 mg NE 156%
Vitamin B6 (as pyridoxine HCl)	2.5 mg 147%
Folate (as calcium-L-5-methyltetrahydrofolate) (400 mcg L-methylfolate)	667 mcg DFE 167%
Vitamin B12 (as methylcobalamin)	7.5 mcg 313%
Biotin	63 mcg 210%
Pantothenic Acid (as calcium pantothenate)	12.5 mg 250%
Calcium (as di-calcium phosphate; citrate)	120 mg 9%
Iron (as fumarate; gluconate)	9 mg 50%
Magnesium (as oxide, citrate)	10 mg 2%
Zinc (as oxide, aspartate)	15 mg 136%
Selenium (as selenomethionine)	35 mcg 64%

Continued on back of label.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ by
Natural Organics, Inc.
makers of **NaturesPlus**
9500 New Horizons Blvd.
Amityville, New York 11701, USA
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naturesplus.com

PEEL HERE

LBL. 1143258

PRODUCT NO. 30004



Amount Per Serving	% Daily Value
Manganese (as gluconate)	1 mg 43%
Chromium (as picolinate)	60 mcg 171%
Molybdenum (as sodium molybdate)	37.5 mcg 83%
Feminine Complex with BlemiShield™ – Cranberry	
(Vaccinium macrocarpon fruit), <i>Streptococcus thermophilus</i> (1 billion viable cells at time of manufacture), Fenugreek (<i>Trigonella foenum-graecum</i> seed extract) (standardized galactomannan), Yam (<i>Dioscorea villosa</i> root)	
Lemon Bioflavonoid Complex (from <i>Citrus limon</i> fruit)	40 mg †

Other ingredients: Xylitol, natural flavors, citric acid, magnesium stearate, guar gum, natural color (beet juice), stevia (rebaudioside A, stevioside), potassium citrate, rose hips (*Rosa canina* fruit), non-GMO rice protein, papaya, carrot, inositol, choline, mango fruit, spinach, broccoli, spirulina (naturally rich in essential nutrients), West Indian cherry (*Malpighia glabra* fruit).

Free from synthetic: colors, preservatives. Free from milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and sesame. **VEGETARIAN**

Nutritional Support for Natural Energy Production and Overall Well-Being.*

Whether she's *Competing in ESports or Carving Waves on her ShortBoard*, a young woman needs the power and energy that only a high-quality, high-potency supplement can provide. Armed with an explosion of Wild Berry flavor, **POWER TEEN® for Her** is the ultimate young women's high-potency multivitamin supplement. Its unique Feminine Complex includes cranberry, fenugreek and yam extracts to promote urinary tract health, breast health and healthy hormone balance. Meanwhile, BlemiShield's cranberry extract and probiotics support natural defenses.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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