

Research suggests that vitamin D may be your single most important supplemental nutrient as it is required for calcium absorption, promotes strong bones and is vital support for a healthy immune system.\* Vitamin D is obtained from the diet or sun exposure; however, it is not abundant in many diets and many people increasingly avoid the sun, making supplementation necessary to ensure healthy levels of this key nutrient.\*

**NaturesPlus Liquid Sunshine Vitamin D3 5000 IU** is a delicious way for you to get the high-quality vitamin D support needed. In a refreshing tropical citrus flavor, you can enjoy it straight from the bottle or mixed with your favorite beverage.

**WARNINGS:** Do not exceed recommended serving. Consult your health care practitioner prior to use if you have any medical condition, if you have a kidney disorder or hypercalcemia, if you are taking prescription medication, or if you are pregnant or nursing.

Free from synthetic colors and from milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and sesame.

 **VEGETARIAN**  **GLUTEN FREE**

**KEEP TIGHTLY CLOSED. REFRIGERATE AFTER OPENING.**  
**KEEP OUT OF REACH OF CHILDREN.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**NaturesPlus®**



**LIQUID  
SUNSHINE®**

**VIT D3**

**5000 IU**  
(125 mcg)

Tropical Citrus Flavored  
with other natural flavors



**Dietary Supplement**

16 Fl. Oz. (473.18 mL)

**DIRECTIONS: SHAKE WELL.** For adults, take 1/2 fl. oz. (14.79 mL) (1 tablespoon) once daily or as directed by your health care practitioner.

**Supplement Facts**

Serving Size 1 Tablespoon (1/2 fl. oz.) (15 mL)  
Servings Per Container 32

| Amount Per Serving                  | % Daily Value     |      |
|-------------------------------------|-------------------|------|
| Calories                            | 20                |      |
| Total Carbohydrate                  | 5 g               | 2%** |
| Total Sugars                        | 3 g               | †    |
| Includes 3g Added Sugars            |                   | 6%** |
| Sugar Alcohol                       | 1 g               | †    |
| Vitamin D (as cholecalciferol [D3]) | (5000 IU) 125 mcg | 625% |

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

Other ingredients: Purified water, VITASWEET® (fructose, xylitol, agave nectar, fruit juice concentrate), vegetable glycerin, citric acid, natural flavors, sodium benzoate (preserves freshness), potassium sorbate (preserves freshness), turmeric extract, annatto seed extract and xanthan gum.

LBL 1143222

**PRODUCT NO. 10483**

Manufactured with LOVE ♥ by  
**Natural Organics, Inc.**, makers of **NaturesPlus**  
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