



NaturesPlus. HEMA-PLEX[®] Iron Softgels

with Essential Nutrients for
HEALTHY RED BLOOD CELLS

- ▶ Easy On The Stomach
- ▶ High Potency Iron
- ▶ Proven Results



Unique synergistic nutritional support complex with over 25 years of proven results and millions of satisfied customers

60 FAST-ACTING SOFTGELS | Dietary Supplement

DIRECTIONS: As a dietary supplement, three softgels daily.

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 20

Amount Per Serving	% Daily Value
Calories.....	10
Calories from Fat	10
Total Fat	1 g 1%** 333%
Vitamin C (Proprietary Esterified Complex – as ascorbic acid, ascorbyl palmitate, magnesium ascorbate, potassium ascorbate, zinc ascorbate).....	300 mg
Vitamin E (as d-alpha tocopheryl acetate).....	20 mg (30 IU) 133%
Thiamin (vitamin B1) (as thiamine HCl)	25 mg 2083%
Riboflavin (vitamin B2)	25 mg 1923%
Niacin (as niacinamide)	50 mg NE 313%
Vitamin B6 (as pyridoxine HCl)	25 mg 1471%
Folate (as folic acid)	667 mcg DFE 167%
	(400 mcg folic acid)
Vitamin B12 (as cyanocobalamin)	1000 mcg 41,667%
Pantothenic Acid (as calcium pantothenate)	25 mg 500%
Calcium (as amino acid chelate/complex)	25 mg 2%
Iron (as ferrous bisglycinate chelate)	85 mg 472%
Zinc (as monomethionine)	5 mg 45%
Selenium (as amino acid complex)	10 mcg 18%
Copper (as amino acid chelate)	2 mg 222%
Manganese (as amino acid chelate/complex)	5 mg 217%

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Continued on back of label.

PRODUCT NO. 37691



Manufactured with LOVE ♥ for NaturesPlus
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LBL: 1143032

L-Cysteine (free form amino acid).....	50 mg.....	†
Proanthoplex (Proprietary Proanthocyanidin/	30 mg.....	†
Bioflavonoid Complex: Lemon Bioflavonoids, Bilberry, Blackberry, Green Tea, Black & Red Raspberry)‡		
Beet (<i>Beta vulgaris</i>)	15 mg.....	†

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established. ‡See website for details.

Other ingredients: Sunflower oil, gelatin, glycerin, beeswax, lecithin, purified water, natural color, chlorophyllin, spinach (*Spinacia oleracea* leaf), broccoli (*Brassica oleracea* floret), shattered cell wall chlorella and spirulina.

Nutritional Support for Healthy Blood.*

HEMA-PLEX[®] Softgels for those who prefer an easy-to-swallow softgel. Enjoy high-potency, organically bound iron, with essential nutrients needed for optimal blood health.*

- High-potency, naturally chelated iron with essential cofactors
- Easy-to-swallow softgel
- Gluten Free, non-GMO
- 3 Softgels per serving deliver 85 mg Elemental Iron

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

Free from synthetic: colors, preservatives. Free from milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and sesame.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more information about HEMA-PLEX and the benefits and importance of iron, go to www.HemaPlex.com