

NaturesPlus.

HEMA-PLEX[®]

Liquid

Iron with
Essential Nutrients for
**TOTAL BLOOD
HEALTH**

Delicious
**MIXED
BERRY
Flavor**

- Gentle, Safe and Effective
- 18 mg of **Iron**
- Gluten Free



Dietary Supplement
8.5 FL. OZ. (250 mL)

LBL 1138274

Nutritional Support for Healthy Blood*

DIRECTIONS: Shake well. As a dietary supplement, adults take 2 teaspoons daily; children take 1 teaspoon daily. Free from the common allergens milk, egg, fish, crustacean shellfish, tree nuts, wheat, peanuts and soybeans.

SHAKE WELL BEFORE USING. REFRIGERATE AFTER OPENING. KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

Supplement Facts

Serving Size 2 tsp (10 mL)

Servings Per Container 25 (Adults); 50 (Children)

Amount Per Serving	Adults & Children 4 Yrs & Up	% Daily Value	Children Ages 1-4 Yrs	% Daily Value
Calories	5		0	
Total Carbohydrate	1 g	<1%**	<1 g	†
Sugar alcohol	1 g	†	<1 g	†
Vitamin C (as ascorbic acid & calcium ascorbate)	60 mg	100%	30 mg	75%
Thiamin (vitamin B1)(as thiamine hydrochloride)	0.6 mg	40%	0.3 mg	43%
Riboflavin (vitamin B2)	0.6 mg	35%	0.3 mg	38%
Niacin (as niacinamide)	4 mg	20%	2 mg	22%
Vitamin B6 (as pyridoxine HCl)	0.7 mg	35%	0.3 mg	43%
Folate (as calcium-L-5-methyltetrahydrofolate)	100 mcg	25%	50 mcg	25%
Vitamin B12 (as methylcobalamin)	250 mcg	4167%	125 mcg	4167%
Pantothenic Acid (as calcium pantothenate)	2 mg	20%	1 mg	20%
IRON (as ferrous bisglycinate chelate)(Ferrochel®)	18 mg	100%	9 mg	90%
L-Cysteine (free form amino acid)	30 mg	†	15 mg	†
Non-GMO Cranberry Fruit Extract	15 mg	†	7.5 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Water, glycerin, natural mixed berry flavor (strawberry, blueberry, raspberry and blackberry), xanthan gum, organic stevia leaf extract, L-glutathione, grape and grape seed extract, wild blueberry extract, raspberry, prune, tart cherry, bilberry extract, strawberry, polylysine (a natural preservative).

Manufactured with LOVE ♥ for **NaturesPlus**
548 Broadhollow Rd., Melville, NY 11747, USA
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www.naturesplus.com

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Ferrochel® is a registered trademark of Albion Laboratories, Inc.
Ferrochel is a unique iron chelate that is better absorbed and non-binding.

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