

NaturesPlus®

HEMA-PLEX®

Capsules

Iron
with Essential Nutrients for
HEALTHY RED BLOOD CELLS

▶ Easy on the Stomach
▶ High Potency Iron
▶ Proven Results

60 FAST-ACTING CAPSULES | Dietary Supplement

DIRECTIONS: As a dietary supplement, two capsules daily or as directed by your qualified healthcare practitioner. **KEEP IN A COOL, DRY PLACE.**

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Supplement Facts		
Serving Size 2 Capsules Servings Per Container 30		
Amount Per Serving	% Daily Value	
Vitamin C (Proprietary Esterified Complex – as ascorbyl palmitate, ascorbic acid, magnesium ascorbate, potassium ascorbate, zinc ascorbate)	300 mg	333%
Vitamin E (as d-alpha tocopheryl acetate)	20 mg (30 IU)	133%
Thiamin (vitamin B1) (as thiamine HCl)	25 mg	2083%
Riboflavin (vitamin B2)	25 mg	1923%
Niacin (as niacinamide)	50 mg NE	313%
Vitamin B6 (as pyridoxine HCl)	25 mg	1471%
Folate (as calcium-L-5-methyl-tetrahydrofolate)	667 mcg DFE (400 mcg L-methylfolate)	167%
Vitamin B12 (as methylcobalamin)	500 mcg	20,833%
Pantothenic Acid (as calcium pantothenate)	25 mg	500%
Calcium (as amino acid chelate/complex)	25 mg	2%
Iron (as amino acid chelate/complex)	85 mg	472%
Zinc (as monomethionine**)	5 mg	45%
Selenium (as amino acid complex)	10 mcg	18%
Copper (as amino acid chelate)	2 mg	222%
Manganese (as amino acid chelate/complex)	5 mg	217%

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc., makers of **NaturesPlus**
 9500 New Horizons Blvd., Amityville, New York 11701, USA
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PRODUCT NO. 3772

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LBL. 1141094

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L-Cysteine (free form amino acid)	50 mg	†
Proanthoplex (Proprietary Proanthocyanidin/ Bioflavonoid Complex: Bioflavonoids [from Citrus spp. fruit and peel], Blackberry Fruit, Black Raspberry, Green Tea Leaf, Red Raspberry Fruit, Bilberry [Vaccinium myrtillus fruit])	25 mg	†
Beet (Beta vulgaris)	15 mg	†
Bioperine*** (Piper nigrum fruit extract) (2.37 mg piperine)	2.5 mg	†

†Daily Value not established.

Other ingredients: Ferrous fumarate, vegetable cellulose, microcrystalline cellulose, calcium carbonate, manganese sulfate, magnesium stearate, silica, spirulina, chlorophyll, spinach (*Spinacia oleracea* leaf), broccoli (*Brassica oleracea* floret), shattered-cell-wall chlorella, di-calcium phosphate and purified water.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

Free from synthetic: colors, preservatives. Free from milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and sesame.

NON-GMO VEGAN GLUTEN FREE

*Nutritional Support for Healthy Blood.**

Deficiency of iron in the diet and the resulting less-than-optimal blood levels are a significant worldwide healthcare concern across all age groups and all demographics.

HEMA-PLEX® Capsules — high-potency iron that's gentle and easy on the stomach. Enjoy high-potency organically bound iron with essential nutrients needed for optimal blood health.

For more about HEMA-PLEX and the benefits and importance of iron, go to www.HemaPlex.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**OptiZinc® is a Lonza trademark, registered in USA. Methionine-bound zinc complex

***BioPERINE™ is a registered trademark and patented product of Sabinsa Corp.