

**Nutritional Support for  
Free-Radical Defense, Natural Energy Production  
and Overall Well-Being.\***

Source of Life® GOLD is the world's most exciting whole food-based multivitamin, mineral and enzyme-rich whole food supplement. In fact, it is the gold standard in natural supplementation. Source of Life GOLD nutritionally supports total body health and vitality with even more of the revitalizing nutrients that have made Source of Life synonymous with the **Guaranteed Burst of Energy®!**

Mouthwatering tropical fruit-flavored Source of Life GOLD Liquid features:

- Essential vitamins and minerals
- Anti-aging, antioxidant powerhouses açai, trans-resveratrol, MSM and CoQ10\*
- Organic Gold Standard Whole Food Complex (guava, holy basil, lemon, acerola fruit) (standardized B complex)
- Whole Food PhytoAlgae and Organic Mushroom Blend  
Nutrient-dense oceanic superfoods and certified organic blend of mushrooms, including all major types
- 1000 IU vitamin D3 and 100 mcg vitamin K2
- Full Spectrum Prebiotic Blend with FOS, apple pectin, modified citrus pectin and flax to promote probiotic and GI health\*
- Colorful fruits and vegetables

**Convenient Drip-Proof Bottle**

Free from artificial colors, artificial sweeteners and all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

**DIRECTIONS:** SHAKE WELL. As a dietary supplement, take two tablespoons or one capful (about 30 mL) once daily. Tastes great straight from the bottle, or mix it with your favorite beverage.

KEEP TIGHTLY CLOSED. REFRIGERATE AFTER OPENING.

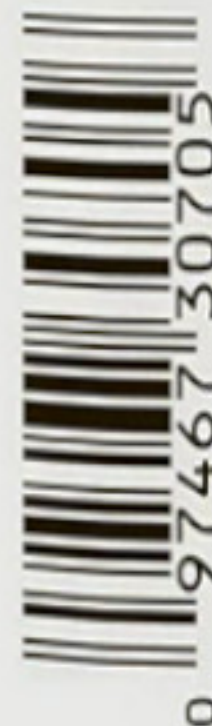
KEEP OUT OF REACH OF CHILDREN.

Source of Life® is a registered trademark of Natural Organics, Inc. in the U.S. and other countries.

For Supplement Facts, see attached  
hang tag, visit [naturesplus.com](http://naturesplus.com)  
or call 800-645-9500

PRODUCT NO. 30705

Manufactured with LOVE by  
Natural Organics Laboratories, Inc.  
makers of NaturesPlus  
9500 New Horizons Blvd., Amityville, New York 11701, USA  
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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Recharge Your Life – Step Up To The Gold!**

**NaturesPlus.**

The Ultimate Multi-Vitamin  
Supplement with  
Concentrated Whole Foods

**Source of Life.**

**GOLD**

**Liquid**

Guaranteed Burst of Energy®

With Açai, Resveratrol, Vit. D3, Vit. K2,  
CoQ10 and Over 120 Whole Foods!

ANTIOXIDANT  
ORAC  
VALUE  
1250  
NUTRITION

Delicious Tropical Fruit Flavor

Vegetarian

8 FL OZ (236 mL)

**Supplement Facts**

Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57 mL)  
Servings Per Container 30

| Amount Per Serving                                         |                          | % Daily Value |
|------------------------------------------------------------|--------------------------|---------------|
| Calories .....                                             | 40                       |               |
| Total Carbohydrate .....                                   | 11 g                     | 4%**          |
| Dietary Fiber .....                                        | <1 g                     | 2%**          |
| Total Sugars .....                                         | 5 g                      | †             |
| Includes 4.6g Added Sugars .....                           |                          | 9%**          |
| Vitamin A (as palmitate; from spirulina .. 3000 mcg RAE .. | 3000 mcg RAE             | 333%          |
| and <i>Dunaliella salina</i> : beta carotene) (10,000 IU)  | (10,000 IU)              |               |
| Vitamin D (as cholecalciferol .. 25 mcg ..                 | 25 mcg                   | 125%          |
| [vegan D3]) (1000 IU)                                      | (1000 IU)                |               |
| Vitamin E (as d-alpha .. 134 mg ..                         | 134 mg                   | 893%          |
| tocopheryl acetate) (200 IU)                               | (200 IU)                 |               |
| Vitamin K (as menaquinone-4 and .. 100 mcg ..              | 100 mcg                  | 83%           |
| menaquinone-7 [K2])                                        |                          |               |
| Thiamin (vitamin B1) (as thiamine mononitrate; 11 mg ..    | 11 mg                    | 917%          |
| naturally occurring from Organic Gold Standard††)          |                          |               |
| Riboflavin (vitamin B2) (riboflavin; naturally 26 mg ..    | 26 mg                    | 2000%         |
| occurring from Organic Gold Standard††)                    |                          |               |
| Niacin (as niacinamide; naturally occurring 33 mg NE ..    | 33 mg NE                 | 206%          |
| from Organic Gold Standard††)                              |                          |               |
| Vitamin B6 (as pyridoxine HCl; naturally .. 26.1 mg ..     | 26.1 mg                  | 1535%         |
| occurring from Organic Gold Standard††)                    |                          |               |
| Folate (as calcium-L-5-methyl- .. 708 mcg DFE ..           | 708 mcg DFE              | 177%          |
| tetrahydrofolate; naturally (425 mcg L-methylfolate)       | (425 mcg L-methylfolate) |               |
| occurring from Organic Gold Standard††)                    |                          |               |
| Vitamin B12 (as methylcobalamin) .. 1000 mcg ..            | 1000 mcg                 | 41,667%       |
| Biotin .. 100 mcg ..                                       | 100 mcg                  | 333%          |
| Pantothenic Acid (as calcium pantothenate; 24 mg ..        | 24 mg                    | 480%          |
| naturally occurring from Organic Gold Standard††)          |                          |               |
| Choline (as bitartrate) .. 13 mg ..                        | 13 mg                    | 2%            |
| Calcium (as citrate) .. 50 mg ..                           | 50 mg                    | 4%            |
| Iodine (as potassium iodide) .. 150 mcg ..                 | 150 mcg                  | 100%          |
| Magnesium (as citrate) .. 25 mg ..                         | 25 mg                    | 6%            |
| Zinc (as gluconate) .. 7.5 mg ..                           | 7.5 mg                   | 68%           |
| Selenium (as whole brown rice amino .. 25 mcg ..           | 25 mcg                   | 45%           |
| acid complex)                                              |                          |               |
| Copper (from copper chlorophyllin; as .. 3 mg ..           | 3 mg                     | 333%          |
| whole brown rice amino acid complex)                       |                          |               |
| Manganese (as gluconate) .. 4 mg ..                        | 4 mg                     | 174%          |
| Chromium (as picolinate) .. 20 mcg ..                      | 20 mcg                   | 57%           |

**Whole Food PhytoAlgae & Organic Mushroom.. 800 mg†**  
**Blend††** – Proprietary complex of chlorophyll (from mulberry leaf-derived sodium copper chlorophyllin and spirulina) from concentrate, Icelandic kelp ([*Fucaceae*] *Ascophyllum nodosum*), spirulina algae (*Spirulina platensis*), mushrooms: oyster mushroom, lion's mane, wood ear, Cordysim™ (*Bionectria ochroleuca*), maitake mushroom, shiitake mushroom; bladderwrack (*Fucus vesiculosus*), hijiki (*Sargassum fusiforme*), wakame (*Alaria esculenta*), nori (*Porphyra yezoensis*), kombu (*Laminaria setchellii*), red seaweed (*Lithothamnium calcareum*), dulce (*Palmaria palmata*), Irish moss (*Chondrus crispus*), laminaria brown algae (*Laminaria digitata*)

**Multi Color Whole Food Blend†† .. 725 mg†**  
**Defense and Repair Yellow Whole Food Blend** – Pineapple, flax, mango, carrot, sunflower seed, tangerine, guava, pear juice, fennel seed, annatto seed, apple cider vinegar, cinnamon, clove, hops, kiwi, lemongrass, oregano leaf, pumpkin seed, rosemary, watercress, grapefruit, honeydew melon

**Strength and Endurance White Whole Food Blend** – Banana, chia, citrus pectin, date, parsnip, bamboo (*Bambusa vulgaris* stem), horseradish, chicory root, konjac root fiber, acacia, lemon peel, *Phaseolus vulgaris* bean, sage, cauliflower, onion, artichoke, turnip, white tea, potato, ginger, garlic, shiitake mushroom

**Amount Per Serving**

**Energizing and Cleansing Green Whole Food Blend** – Fructooligosaccharides (FOS), whole brown rice, Korean ginseng root extract (*Panax ginseng*), papaya, cabbage, turmeric, beet greens, broccoli, celery seed, cucumber, green coffee bean, olive, juniper berry, parsley, pea, rice bran, chlorella, spinach, thyme, lime, green tea leaf (decaffeinated), spirulina

**Brain Support Blue Whole Food Blend** – Agave, grape seed extract, purple fig, blueberry, cherry, acerola, carob, hibiscus, kale, prune, rhubarb root, rose hips, lingonberry, black currant, blackberry, elderberry, plum, açai, pomegranate extract, wolfberry (goji), passion fruit, beet juice

**Age-Defying Red Whole Food Blend** – Lycopene, fenugreek, peach, strawberry, watermelon, mangosteen, orange juice, apricot, bilberry, black raspberry, nopal cactus, red raspberry, purple carrot, gooseberry, red wine grape (alcohol free), tomato, cranberry juice, noni, red grape, apple

**††Organic Gold Standard Whole Food Complex** – Acerola (*Malpighia glabra*) fruit, guava (*Psidium guajava*), holy basil (*Ocimum tenuiflorum*), lemon (std. naturally occurring B complex and vitamin C)

**Amino Acids** (20 essential and non-essential amino acids from spirulina, Whole Food PhytoAlgae, chia and mineral aminoates)

Inositol .. 30 mg†  
Korean Ginseng Root Extract (*Panax ginseng*) .. 25 mg†

**Trans-Resveratrol Complex** .. 25 mg†  
(from standardized concentrates of *Polygonum cuspidatum* root, red wine [*Vitis vinifera* fruit] [alcohol free] and grape seed [*Vitis vinifera*])

**Full Spectrum Prebiotic Complex** – FOS .. 25 mg†  
(fructooligosaccharides), flax, soluble vegetable oligosaccharides, apple pectin, modified citrus pectin

**Whole Food Omega Fatty Acid Blend** .. 25 mg†  
(supplying 13 mg of Omega-3, Omega-9, and other healthful fatty acids) (from flax seed, spirulina, sunflower seed, chia, borage, black currant)

**Enzyme-Rich Whole Food Blend** – .. 25 mg†  
Pineapple, papaya, beet juice, turmeric, parsley, ginger

**Bioflavonoid and Antioxidant Whole Food Blend** .. 25 mg†  
– Active flavanols, flavanones, flavones & naringin (*Citrus sinensis* fruit); hesperidin (from *Citrus sinensis* whole fruit; quercetin and rutin) (from *Dimorphandra mollis* & *Sophora japonica*)

Coenzyme Q10 .. 10 mg†  
Lutein (active carotenoid from marigold flower extract) .... 3 mg†  
Lycopene (active carotenoid from tomato) .. 2.5 mg†

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

†† See Multi Color Whole Food Blend.

††† For details, visit [naturesplus.com](http://naturesplus.com).

Other ingredients: Purified water, fructose, natural flavors, citric acid, vegetable glycerin, potassium citrate, VitaSweet® (fruit juice concentrate, agave nectar, luo han guo fruit extract), xanthan gum, sodium benzoate (preserves freshness), potassium sorbate (preserves freshness), **Age-Defying Blend** (alpha-lipoic acid, R-lipoic acid, glutathione, MSM [methylsulfonylmethane]), **Trace Mineral Complex** (soluble prehistoric plant-based minerals and rare earth elements), ascorbyl palmitate, honey.