

NON-GMO • LACTOSE FREE • GLUTEN FREE
CONTAINS NO egg, fish, crustacean shellfish, tree
nuts, wheat, peanuts, soybeans, artificial colors or
preservatives • CONTAINS NO GMO (genetically
modified organisms) or human variant BSE (Bovine
Spongiform Encephalopathy).

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **NaturesPlus**
9500 New Horizons Blvd.
Amityville, New York 11701, USA
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www.naturesplus.com



Ingredients continued on reverse panel.

PRODUCT NO.

4759

LBL. 1140438

PEEL HERE

NaturesPlus®

Maximum Strength Sleep Support

DREAMINOL®

Blissful Sleep, The Whole Night Through

TRI-PHASE MELATONIN COMPLEX

DIETARY SUPPLEMENT

30 Sustained Release Tablets

DIRECTIONS: Adults, take one or two tablets 30 minutes
before bedtime.

NOTICE: For adult use only. Consult your healthcare professional
prior to use if pregnant, lactating or taking any prescription
medications. Do not drive or operate heavy machinery.

Supplement Facts

Serving Size 1 or 2 Tri-Phase Tablets
Servings Per Container 30 or 15

Amount	Per 1 Tablet	Per 2 Tablets
Casein decapeptides (milk protein)†	50 mg†	100 mg†
5-HTP (5-hydroxytryptophan)	25 mg†	50 mg†
L-theanine (free form amino acid)	25 mg†	50 mg†
Lemon Balm (<i>Melissa officinalis</i> L.)	25 mg†	50 mg†
Melatonin (N-acetyl-5-methoxytryptamine)	1.5 mg†	3 mg†

†Daily Value not established. ‡Lactium®

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Other ingredients: Microcrystalline cellulose, di-calcium
phosphate, hydroxypropyl methylcellulose, stearic acid,
vegetable cellulose, magnesium stearate, natural color
(beet), **Botanical Calming Blend** (hops [*Humulus lupulus*],
chamomile [*Matricaria recutita* flower], pomegranate
[*Punica granatum*], noni [*Morinda citrifolia*], goji
[*Lycium barbarum*], açai [*Euterpe oleracea*], mangosteen
[*Garcinia mangostana* L.]) and pharmaceutical glaze.
Contains lactose-free milk.