

Suggested Usage: Add 1 scoop per day to 8-12 oz of water or your favorite beverage and shake or blend well.

OMEGA-3, SUPERFOODS, VITAMINS & MINERALS

CONTAINS ENZYMES & 16 PROBIOTIC STRAINS

22 GRAMS OF COMPLETE PROTEIN

OVER 8.5 GRAMS OF ESSENTIAL AMINO ACIDS

FREE FROM SOY & GLUTEN

This product is packaged by weight, not volume. Like many powdered food/supplement products the size of this container does not necessarily depict the actual amount of product within. Unavoidable and sometimes significant product settling may occur during shipping and handling.

Manufactured for MRM®
2665 Vista Pacific Dr. • Oceanside, CA 92056 USA
www.mrmnutrition.com • 1-800-948-6296

Pure Ocean® is a registered trademark of SaltWorks, Inc.

6 09492 72043

2303V07



NUTRITION

VEGGIE MEAL REPLACEMENT



CHOCOLATE MOCHA FLAVORED

NET WT 48 OZ (3 LB) 1,361 G

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

Nutrition Facts

28 servings per container
Serving size 1 Scoop (48 g)

Amount per serving
Calories 200

% Daily Value*

Total Fat 6g	8%
Saturated Fat 0.5g	3%
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 1.5g	
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 14g	5%
Dietary Fiber 4g	14%
Total Sugars less than 1g	
Includes 0g Added Sugars	0%

Protein 22g

Vitamin D	4 mcg	20%
Calcium	260 mg	20%
Iron	9.5 mg	50%
Potassium	150 mg	4%
Vitamin A	180 mcg	20%
Vitamin C	18 mg	20%
Vitamin E	3 mg	20%
Thiamin	0.2 mg	20%
Riboflavin	0.3 mg	20%
Niacin	7.2 mg	50%
Vitamin B6	0.3 mg	20%
Folate	80 mcg DFE (50 mcg folic acid)	20%
Vitamin B12	0.5 mcg	20%
Biotin	6 mcg	20%
Pantothenic acid	1 mg	20%
Phosphorus	250 mg	20%
Iodine	30 mcg	20%
Magnesium	85 mg	20%
Zinc	2.2 mg	20%
Copper	0.3 mg	20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Typical Amino Acid Profile Per 48 g Scoop

Alanine	980 mg
Arginine	1810 mg
Aspartic Acid	2400 mg
Cysteine	330 mg
Glutamic Acid	3840 mg
Glycine	860 mg
Histidine	530 mg
Isoleucine	1130 mg
Leucine	1880 mg
Lysine	1500 mg
Methionine	320 mg
Phenylalanine	1110 mg
Proline	1050 mg
Serine	1130 mg
Threonine	860 mg
Tryptophan	250 mg
Tyrosine	830 mg
Valine	1190 mg

Ingredients: Pea Protein Isolate, Organic Brown Rice Protein Concentrate, Flax Seed Powder, Sprouted Black Rice Powder, Natural Chocolate Mocha Flavor, VitaFiber (Isomalt-Oligosaccharide), Cocoa Powder, Vitamin & Mineral Blend (Calcium Phosphate, Monosodium Phosphate, Magnesium Oxide, Ascorbic Acid, Di-Alpha Tocopheryl Acetate, Ferric Orthophosphate, Zinc Sulfate, Folic Acid, Potassium Iodide, Niacinamide, Vitamin A Acetate, Ergocalciferol, Copper Gluconate, Calcium D-Pantothenate, Biotin, Cyanocobalamin, Pyridoxine Hydrochloride, Thiamine Mononitrate and Riboflavin), Rice Flour, Stevia Leaf Extract, Trehalose, Gum Blend (Konjac Gum, Guar Gum, and Tara Gum), Pure Ocean® Sea Salt, Monk Fruit Extract, Fruit & Veggie Blend (Grape Fruit Seed and Skin Extract, Blueberry Fruit Extract, Raspberry Fruit Extract, Cranberry Fruit Extract, Prune Fruit Powder, Cherry Fruit Powder, Bilberry Fruit Extract, Strawberry Fruit Powder, Broccoli Flower Extract, Spinach Leaf Powder, Tomato Fruit Powder, Carrot Root Powder, and Onion Bulb Powder), Digest-ALL® Enzyme Blend (Alpha-Galactosidase, Protease 6.0, Protease 4.5, Peptidase, and Bromelain) and MICROBAC 16-Strain Probiotic Blend (Lactobacillus acidophilus (LA02), Lactobacillus plantarum (LP09), Lactobacillus rhamnosus (LR06), Streptococcus thermophilus (Y08), Lactobacillus casei (LC03), Lactobacillus plantarum (LP01), Lactobacillus rhamnosus (GG), Lactobacillus rhamnosus (LR05), Lactobacillus reuteri (LR02), Lactobacillus salivarius (CRL1328), Bifidobacterium lactis (BS01), Bifidobacterium breve (BR03), Bifidobacterium bidum (BB01), Bifidobacterium longum (BL03), Bifidobacterium infantis (BI02), Bifidobacterium lactis (BA05)).

Contains no added milk, egg, soy, peanut, tree nut, fish, shellfish, wheat, gluten, yeast or sesame ingredients.

This product is manufactured in a facility that processes other products that contain milk, egg or fish.