

**CAUTION:** If you are pregnant or lactating, consult a healthcare professional before using this product. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place. Do not use this product if the safety seal on the bottle is broken.

**DIRECTIONS:** Take 1 tablet daily with a meal.

30

VEGETARIAN  
TABLETS

DIETARY  
SUPPLEMENT



newtoneverett®  
**Essential™**  
**Plus**  
multivitamin

#13451-WS • D21



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MANUFACTURED FOR:  
**NEWTON-EVERETT  
NUTRACEUTICALS®**  
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SCOTTSDALE, AZ 85260 USA  
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## Supplement Facts

Serving Size: 1 Vegetarian Tablet

Servings Per Container: 30

	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as retinyl palmitate, beta carotene)	2700 mcg RAE	300%	Zinc (as zinc chelate)	10 mg 91%
Vitamin C (as ascorbic acid)	250 mg	278%	Selenium (as l-selenomethionine)	25 mcg 45%
Vitamin D (as cholecalciferol)	10 mcg	50%	Copper (as copper chelate)	1 mg 111%
Vitamin E (as d-alpha tocopheryl succinate)	100 mg	667%	Manganese (as manganese chelate)	1 mg 43%
Thiamin (vitamin B1)	75 mg	6250%	Chromium (as chromium chelate)	25 mcg 71%
Riboflavin (vitamin B2)	75 mg	5769%	Molybdenum (as molybdenum glycinate chelate)	27 mcg 60%
Niacin (as niacinamide)	75 mg NE	469%	Potassium (as potassium chelate)	1.8 mg <1%
Vitamin B6 (as pyridoxine HCl)	75 mg	4412%	Inositol	75 mg *
Folate (400 mcg folic acid)	680 mcg DFE	170%	PABA (para-aminobenzoic acid)	75 mg *
Vitamin B12 (as cyanocobalamin)	75 mcg	3125%	Choline (as choline bitartrate)	31 mg *
Biotin	300 mcg	1000%	Betaine HCl	25 mg *
Pantothenic Acid (as d-calcium pantothenate)	75 mg	1500%	Citrus Bioflavonoid Complex (pericarp)	25 mg *
Calcium (as dicalcium phosphate dihydrate, calcium chelate, calcium citrate)	20 mg	2%	Rutin	25 mg *
Iron (as ferrous bisglycinate chelate)	1.3 mg	7%	Hesperidin	5 mg *
Iodine (as potassium iodide)	159 mcg	106%	Boron (as boron glycinate)	500 mcg *
Magnesium (as magnesium chelate)	10 mg	2%	Lutein	250 mcg *

\*Daily Value (DV) not established.

**OTHER INGREDIENTS:** MICROCRYSTALLINE CELLULOSE, CROSCARMELOSE SODIUM, VEGETABLE STEARIC ACID, HYPRMELLOSE, AQUEOUS COATING, SILICON DIOXIDE, VEGETABLE MAGNESIUM STEARATE.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.