

Suggested Usage: Adults chew one (1) gummy 30 minutes before bedtime. For occasional sleeplessness.

**PROMOTES A HEALTHY SLEEP/
WAKE CYCLE****

**GUMMIES MADE WITH PECTIN,
NO GELATIN**

**MELATONIN MAY CAUSE DROWSINESS
OR SLEEPINESS** Do not take when driving a motor vehicle, operating heavy machinery or any other activity where alertness is required.

KEEP OUT OF REACH OF CHILDREN

WARNING: Not intended for use by pregnant or nursing women. Ask a doctor before use if you have an autoimmune condition, a depressive disorder, taking any tranquilizers, sedatives or any other medication, or are under a doctor's care for any other conditions. Stop use and contact your doctor if any adverse reactions occur.

Do not use this product if safety seal under cap is torn or missing.

**** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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NUTRITION

MELATONIN 5 MG GUMMIES



RASPBERRY FLAVORED

60 GUMMIES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Gummy
Servings Per Container 60

Amount Per Serving	% Daily Value*
Calories 10	
Total Carbohydrates 2 g	1%
Total Sugars 2g	†
Includes 2 g Added Sugars	4%
Sodium 5 mg	<1%
Melatonin 5 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Glucose syrup, sugar, water, pectin, citric acid, maltodextrin, trisodium citrate, anthocyanin (color from plants), natural flavor, coconut oil, and carnauba wax.

Contains tree nuts (coconut).

Contains NO milk, egg, soy, peanut, fish, shellfish, wheat, gluten, yeast or sesame ingredients.

Store at room temperature. Avoid excessive heat.

Color may change over time; this does not affect the potency of the product.

Product of Spain.