

Suggested Usage: Take 1 capsule per day before bed or as directed by your qualified healthcare provider.

PROMOTES A HEALTHY SLEEP/WAKE CYCLE**

MAY REDUCE THE EFFECTS OF JET LAG**

****This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

6 09492 57001

BEST BY:

2208V06



NUTRITION

**MELATONIN
3 MG**

60 VEGAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Vegan Capsule
Servings Per Container 60

Amount Per Capsule

Melatonin (N-acetyl-5-methoxytryptamine)	3 mg*
---	-------

*Daily Value not established.

Other Ingredients: Rice flour and cellulose capsule.

Contains no added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.

WARNING: Not for use by people under the age of 18, with epilepsy, or by pregnant and breastfeeding women. Excessive consumption may impair ability to drive or operate heavy equipment. Not recommended for consumption with blood thinners and alcohol.

Manufactured for MRM®
2665 Vista Pacific Dr. • Oceanside, CA 92056 USA
www.mrmnutrition.com • 1-800-948-6296