Suggested Usage: Add 1 scoop to 8-10 oz of water and mix well. Take 30 minutes prior to exercise. Best stored in a cool dry cupboard, the fridge or freezer.

NOTE: Use product within 6 months after opening.

SUPPORTS ENERGY, STAMINA & ENDURANCE**

SHARPENS MENTAL FOCUS & CLARITY**

ASSISTS STRENGTH, POWER & LEAN MUSCLE DEVELOPMENT**

This statement has not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for MRM® 2665 Vista Pacific Dr. • Oceanside, CA 92056 USA www.mrmnutrition.com • 1-800-948-6296

InnovaTea® is a registered trademark of NutriScience Innovations, LLC. PEAK ATP® is a registered trademark of TSI, Inc.



Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

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PRE-WORKOUT BOOST



NET WT 12.3 OZ (350 G)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Scoop (12 g) 29 Servings Per Container

Amount Per Serving	% D	aily Value
Calories	10	
Total Carbohydrate	2 g	1%*
Dietary Fiber	1 g	4%
Total Sugars le	ss than 1 g	t
Indudes <1g Added Sugars		2%
Vitamin C (as ascorbic acid)	63 mg	70%
Niacin	10 mg	60%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	290%
Vitamin B12 (as methylcobalamin)	25 mcg	1,040%
Pantothenic Acid (as calcium pantothenate) 100 mg	2,000%
Calcium (as calcium citrate)	40 mg	4%
Iron	0.3 mg	2%
Magnesium (as magnesium aspartate)	40 mg	10%
Sodium (as sodium chloride)	85 mg	4%
Potassium (as potassium citrate)	40 mg	0%
Muscle Blend	4,750 mg	

Muscle Blend	4,750 mg	
L-Citrulline 2,000 mg		†
CarnoSyn® Beta-Alanine 1,000 mg		t
Taurine 1,000 mg		t
Red Beet Powder 750 mg		+
Understan Dinad	2 275	

Hydration Blend	2,375 mg
Trehalose 1,250 mg Betaine Anhydrous 1,025 mg	
Pine Bark Extract (95% Proanth	ocyanidins) 100 mg
En avery Diamed	4.400

Energy Blend	1,180 mg	
N-Acetyl Tyrosine 450 mg		+
Acetyl-L-Carnitine Hydrochloride	e 250 mg	+
Cordyceps Sinensis (CS-4) Myceli	um Extract 250 mg	+
(8% Cordycepic Acid & 0.2% A	denosine)	
InnovaTea® Natural Caffeine from		+
(yielding 125 mg Caffeine)	_	
Schizandra Berry Extract (2% Sch	nizandrins) 75 mg	+
Peak ATP® 25 mg		+
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Stevia Leaf Extract 500mg

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Natural Mixed Berries Flavor, Citric Acid, Silicon Dioxide, and Monk Fruit Extract.