Suggested Usage: Add 1 scoop to 8-10 oz of water and mix well. Take 30 minutes prior to exercise. Best stored in a cool dry cupboard, the fridge or freezer.

NOTE: Use product within 6 months after opening.

SUPPORTS ENERGY, STAMINA & ENDURANCE**

SHARPENS MENTAL FOCUS & CLARITY**

ASSISTS STRENGTH, POWER & LEAN MUSCLE DEVELOPMENT**

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for MRM® 2665 Vista Pacific Dr. • Oceanside, CA 92056 USA www.mrmnutrition.com • 1-800-948-6296

InnovaTea® is a registered trademark of NutriScience Innovations, LLC. PEAK ATP® is a registered trademark of TSI, Inc.



latural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

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PRE-WORKOUT BOOST



NET WT 12.3 OZ (350 G)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Scoop (12 g) 29 Servings Per Container

Amount Per Serving	% D	% Daily Value	
Calories	10		
Total Carbohydrate	2 g	1%*	
Dietary Fiber	1 g	4%	
Total Sugars	ess than 1 g	t	
Includes <1g Added Sugars		2%	
Vitamin C (as ascorbic acid)	63 mg	70%	
Niacin	10 mg	60%	
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	290%	
Vitamin B12 (as methylcobalamin)	25 mcg	1,040%	
Pantothenic Acid (as calcium pantothenat	e) 100 mg	2,000%	
Calcium (as calcium citrate)	40 mg	4%	
Iron	0.3 mg	2%	
Magnesium (as magnesium aspartate)	40 mg	10%	
Sodium (as sodium chloride)	85 mg	4%	
Potassium (as potassium citrate)	40 mg	0%	
Muscle Blend	4,750 mg		
L-Citrulline 2,000 mg		+	
CarnoSyn® Beta-Alanine 1,000 mg			
Taurine 1,000 mg			
Red Beet Powder 750 mg			
Hydration Blend	2,375 mg		
Trehalose 1,250 mg		ţ	
Betaine Anhydrous 1,025 mg	- \ 100	Ţ	
Pine Bark Extract (95% Proanthocyanidi	ns) 100 ma	Ţ	

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1,180 mg	
e 250 mg	
lium Extract 250 mg	
m Tea 130 mg	
hizandrins) 75 mg	
	e 250 mg lium Extract 250 mg denosine)

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Natural Mixed Berries Flavor, Citric Acid, Stevia Leaf Extract, Silicon Dioxide, Monk Fruit Extract.

Contains no added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.