

LIVE LIFE LARGE QUALITY CALORIES

CLEAN GAINER starts with 30g of cold filtered, concentrated, micronized protein from Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Isolate and Micellar Casein. We then add clean sources of carbohydrates and healthy fats for a complete solution to fuel athletic bodies after intense exercise.†

- ✓ **WHEY PROTEIN ISOLATE**
- ✓ **WHEY PROTEIN CONCENTRATE**
- ✓ **MILK PROTEIN ISOLATE**
- ✓ **MICELLAR CASEIN**
- ✓ **ORGANIC QUINOA**
- ✓ **WILD BLUEBERRY**
- ✓ **STEEL CUT OATS**
- ✓ **GINGER ROOT**
- ✓ **BROWN RICE**

MORE PROFESSIONAL ATHLETES TRUST



find out why at www.rivalus.net

CLEAN GAINER - QUALITY PROTEIN, CLEAN CARBOHYDRATES AND HEALTHY FATS

World class athletes spend many hours traveling all over the world. During these long periods, access to proper nutrition can be limited and inconvenient. Athletes also have periods in and out of season where they have specific physical goals. Building lean, functional muscle for sport is one of those goals.

CLEAN GAINER is the ultimate combination of protein, carbohydrates and healthy fats designed to provide a complete nutritional spectrum in a supplement to support a healthy diet.

CLEAN GAINER is nano-partitioned, a process where the product is both chilled and micro-filtered, preserving the macro nutrient profile and yielding exceptionally high bioactive protein fractions.

The micro-filtration allows only the smallest particles to pass through the ultra-fine filtration screen. This leads to a protein that mixes instantly without issues involving clumping or sticking to the inside of the shaker cup.

Warning: Consult a physician before using if you are unaware of your current health status, if you have a medical condition, or if you or your family has a medical history of cardiovascular disease, diabetes, psychological disorders, hormonal abnormalities, or if you are taking any prescription drug. Do not exceed maximum daily dosage. Do not use if safety seal is broken. Contains ingredients derived from milk. **KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent disease.

Proudly manufactured in the USA by RIVALUS (a Nutrivo Company)
1785 N. Edgelawn Drive, Aurora, Illinois 60506 • More info: www.rivalus.net or call 1-800-620-4177



CLEAN GAINER™

INCREASES MUSCLE & BODY WEIGHT

FULL SPECTRUM PROTEIN

• Whey Protein Isolate • Whey Protein Concentrate • Milk Protein Isolate • Micellar Casein

QUALITY CARBOHYDRATES

Organic Rice Bran • Oat Fiber • Organic Quinoa Powder • Glucose Polymers and More!

HEALTHY SOURCES OF FAT

• MCTs (from Coconut) • Avocado • Flax Seed and more!



RICH CHOCOLATE
Net Weight: 80 oz (5 lbs)

15 SERVINGS

Ingredients: Clean Carbohydrate Blend (Glucose Polymers (Maltodextrin), Organic Quinoa, Blueberry Powder, Ginger Powder, Monk Fruit, Fructose, Organic Rice Bran, Oat Fiber), Clean Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Milk Protein Isolate, Micellar Casein), Clean Lipid Blend (Avocado Powder, MCTs (from Coconut), Sunflower Oil, Flax Seed Oil Powder), Cocoa (processed with Alkali), BCAAs (L-Leucine, L-Isoleucine, L-Valine), L-Glycine, L-Taurine, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, Salt, Stevia

Allergen Information: Contains milk and soy (lecithin) ingredients. Manufactured in a facility that processes peanuts and/or tree nuts.

Recommended Use: Dr. Darren Burke (PhD) recommends 4 scoops with 350ml of water 2 times per day. For best results use **CLEAN GAINER** every day and combine with exercise 3-5 days per week.

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Nutrition Facts

Serving Size 1 Scoop (140)
Servings Per Container 16

Amount Per Serving

Calories 560 **Calories from Fat 63**

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 2g **0%**

Trans Fat 0g

Cholesterol 35mg **35%**

Sodium 180mg **8%**

Total Carbohydrate 90g **34%**

Dietary Fiber 2g **7%**

Sugars 19g

Protein 30g

Vitamin A 11% • **Vitamin C 15%**

Vitamin B6 17% • **Vitamin E 20%**

Calcium 16% • **Iron 14%**

Zinc 9%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4