

**Suggested Usage:** Add 2 slightly rounded scoops to 10-16 oz of water and shake or blend well.

**SUPPORTS MUSCLE RECOVERY\*\***

**REDUCES FATIGUE & MUSCLE SORENESS\*\***

**PROVIDES INCREASES IN STRENGTH & POWER\*\***

**KETO & LOW CARB DIET FRIENDLY**

**\*\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured for MRM®  
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**NUTRITION**

# RELOAD BCAA+G

**POST-WORKOUT RECOVERY**



**LEMONADE FLAVORED**

**NET WT 29.6 OZ (840 G)**

**DIETARY SUPPLEMENT**

## Supplement Facts

Serving Size 2 Slightly Rounded Scoops (12.5g)  
67 Servings Per Container

| Amount Per Serving                       |          | % Daily Value* |
|------------------------------------------|----------|----------------|
| Calories                                 | 15       |                |
| Total Carbohydrate                       | 4 g      | 1%*            |
| Total Sugars                             | 1 g      | †              |
| Includes 1g Added Sugars                 |          | 2%*            |
| Vitamin B6 (as pyridoxine hydrochloride) | 2 mg     | 120%           |
| Sodium                                   | 70 mg    | 3%             |
| L-Leucine (Fermented)                    | 3,000 mg | †              |
| L-Glutamine (Fermented)                  | 2,000 mg | †              |
| L-Isoleucine (Fermented)                 | 1,000 mg | †              |
| L-Valine (Fermented)                     | 1,000 mg | †              |
| CarnoSyn® Beta-Alanine                   | 750 mg   | †              |
| Betaine Anhydrous                        | 750 mg   | †              |

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**Other Ingredients:** Natural Lemonade Flavor, Citric Acid, Stevia Leaf Extract, Pure Ocean® Sea Salt, Silicon Dioxide and Monk Fruit Extract.

Contains no added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that processes other products that contain milk or egg.



Natural Alternatives International (NAI) is the owner of patents as listed on [www.carnosyn.com](http://www.carnosyn.com) and registered trademark CarnoSyn®.

**WARNING:** Due to the beta-alanine content this product may cause a harmless tingling or flushing sensation. This product is packaged by weight, not volume. Like many powdered food/supplement products the size of this container does not necessarily depict the actual amount of product within. Unavoidable and sometimes significant product settling may occur during shipping and handling.