

Suggested Usage: Take 1 capsule per day or as directed by your qualified healthcare provider.

PROMOTES POSITIVE MOOD & SLEEP PATTERNS**

MAY HELP CONTROL APPETITE**

****This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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BEST BY:

2208V05



NUTRITION

**5-HTP
100 MG**

MOOD SUPPORT**

60 VEGAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Vegan Capsule
Servings Per Container 60

Amount Per Capsule

L-5-hydroxytryptophan	100 mg*
(from Griffonia simplicifolia seed)	

*Daily Value not established.

Other Ingredients: Rice flour and cellulose capsule.

Contains no added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.

WARNING: If you are pregnant or breastfeeding, taking prescription medication such as an antidepressant, or if you have heart disease, consult your physician before using this product.

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